Volume 79, No. 37 **September 19, 2003 Your Navy Starts Here**

Reserve Center remembers own in Sept. 11 ceremony

By JO2 JESSICA PEARCE **Great Lakes Public Affairs**

The events of Sept. 11, 2001 were remembered in a solemn ceremony in front of Naval Reserve Center Chicago, aboard Naval Station Great Lakes Sept. 11. The ceremony, while paying tribute to all the Soldiers, Sailors, Airmen, Marines, federal employees and civilians who died in the Pentagon and World Trade Center on Sept. 11, 2001, included a specific remembrance of Lt. Cmdr. Patrick Murphy.

Murphy was a Naval Reservist who drilled at Great Lakes, but was performing his two weeks of annual training in the Navy's Strategy and Planning office in the Pentagon. His orders were from Sept. 3 to Sept. 14. Murphy left his wife and his two young sons in New Jersey, where he had recently moved, to fulfill his yearly annual training requirement.

Several members of Murphy's family were in attendance at the ceremony, including his mother, Joan Miller and two of his brothers. Miller honored the memory of her son by placing a wreath at the base of the reserve center flagpole.

The Commanding Officer for Naval Reserve Center Chicago, Capt. Terry Wilson, remembered Murphy's accomplishments in his speech.

"He received his degree from the University of Mississippi. He joined the Naval officer's training corps. He was a top junior officer. He completed the Navy's rigorous training pipelines for nuclear power and submarine service. When he got out of the Navy, he earned his Master's degree from the University of Chicago and held two full-time jobs. He was a Naval reservist, a father, a husband, a patriot and a

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Mrs. Joan Miller, mother of Lt. Cmdr. Patrick Murphy and Command Master Chief Ellen Zubke, of Naval Reserve Center Chicago, prepare to place a wreath in honor of Murphy, who was killed in the Pentagon on Sept. 11, 2001. Photo by Lt. Cmdr. Scott

Uniform change coming Oct. 6

The winter uniform period will commence 12:01 a.m. on Oct. 6.

Prescribed winter uniforms are: Uniform of the day - service dress blue (officer/CPO), and service dress blue (E1 -

Alternate uniform - service khaki/winter blue (officer/CPO), and winter blue (E1 -

Working uniform - working khaki (officer/CPO may be authorized, when other uniforms may be unsafe or unduly soiled, and utilities (E1 - E6).

Commanders, commanding officers and officers in charge will ensure compliance with this directive. Personnel at all levels must ensure their appearance and that of their subordinates conforms to regulations and standards.

Organizational clothing: Consistent with uniform regulations, all personnel will ensure proper wear of organizational clothing in accordance with standing directives.

Damage Control School trains hospital corpsmen

By ELIZABETH C. MARTINEZ **Training Support Center**

By direction of CMDCM Randy Carman at Training Support Center, Great Lakes (TSC) and CMDCM Brad Renollet at Hospital Corps School, Sailors from Damage Control (DC) "A" School began training corpsmen in a "crash course" in damage control.

The need to train these Sailors was brought to the forefront by Ensign Loren Standley, plans, operations and medical Intelligence officer.

"We have personnel whose wartime platform is Casualty Receiving Trauma (CRT) ships and every one of them is required to undergo damage control training to get better prepared for fleet readiness," said Standley.

"The aim is to train the corpsmen and give them advanced knowledge in fire fighting," said DCCS Norman Fisher, leading chief petty officer at DC "A" School. "They learn this at basic training, but here, they will undergo a more in-depth training, which will make for a better Sailor."

There are currently 10 corpsmen participating in the course. The training conducted will be three weeks long and is broken down into three different phases. The first phase included classroom lectures and labs at the wet trainer. During this phase, DC instructors taught battle damage repair.

HM3 James Gibson, a participant in the course, said the knowledge he's gained so far, has made him feel more confident.

"This hands-on experience is the best way to learn," said Gibson. "The instructors have done well in answering questions and guiding us through all the procedures."

See SCHOOL page 2

Charlie Daniels visits RTC

Legendary Country artist Charlie Daniels plays the National Anthem as a tribute to recruits in training Sept. 11 at RTC. Following a concert of more than one hour, Daniels, who was presented his Navy ballcap by RTC, performed two encore numbers in the Spirit of America tour. Photo by Lt. Cmdr. Scott Allen

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Now hear this! HRT to be discussed

Hormone replacement therapy, or HRT, is taken by 14 million US women. Join the Breast Education Center as they welcome Dr. Mohina Gupta, who will discuss the issues that surround HRT and will take questions and address concerns on Sept. 23 from 11 a.m.-noon in the 1E Conference Room in the Naval Hospital. For information, call the Breast Education Center at (847) 688-2554.

Coupon use is restricted

Internet coupons not accepted at Commissary

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Find out what's happening at **Great Lakes!**

Visit the Great Lakes official websites at www.nsgreatlakes.navy.mil and www.nstc.navy.mil

Facilities Team Midwest earns Nathaniel Stinson award

Facilities Team Midwest submitted a nomination to the 2003 Annual Nathaniel Stinson Equal Employment Opportunity Awards program in early June. Human Resources Office Great Lakes Service Center, Equal Employment Opportunity Counselor, Rosemarie Brennan suggested that FTMW had developed and implemented human resources programs that were worthy of the nomination.

Brennan is a member of FTMW's Diversity and Quality Work Life Council (DQWLC) and aware of the human resource programs available within the activity. It wasn't until last Friday that FTMW members learned the Command was selected to receive the award for Outstanding Achievement by a Mid-size

Diversity of the workforce, both ethnic and job skills; were highlighted in the nomination, as well as many programs developed to train and keep their workforce, who are dedicated to providing best value facilities solutions for clients throughout a 15-state area of responsibility. The DQWLC provides a key to ensuring FTMW's commitment to EEO and pride in its human rights achievements. DQWLC membership comes from all departments within the FTMW.

Additionally, the activity has developed and has much success with Cooperative Education Programs for skilled trades and engineering field employees and are currently developing an apprenticeship program for trades positions that will provide four to five years of training to the journeyman level. FTMW has designed and implemented career development paths for both GS and WG employees.

The Multi-Faceted Advancement Plans (MAPS) target training, education, leadership and development experiences through entry level, mid-level, and senior level, which also provides guidelines in conducting annual, mandated, Individual Development Plans for all employees.

FTMW currently provides employment to individuals through the Veterans Readjustment Program, to employees with disabilities, and through contract with Goodwill Services, through NISH. They also provide jobs to Lake County youth from disadvantaged families, through the Summer Youth Employment Program.

The command provides introductory computer courses for all employees who would like to learn more about computers. Establishment of employee Resource Centers throughout the FTMW, provides computer access to all employees and access to the Internet is also possible to facilitate accessing and researching career and college catalogs and training as well as on-line pay and benefits systems and the Navy's online Job Application System, RESUMIX. Resource Centers also provide books, videos, professional magazines and the like, available for check out.

Two leadership development programs are available, one for senior level employees and one, the New Leader Program, for middle-level employees. The command maintains a Transition Staffing Pool for employees whose jobs have been identified as excess and will be abolished.

Employees' current skills are evaluated and they are considered for training and transition to vacant positions within the Command.

FTMW members, John Nanak, Chairman of the DQWLC; Carol Pichler, Management Director; and Kathy Lawler, Training Manager, will accompany at the Pentagon on Sept. 18.

FTMW Commanding Officer Capt. Tom Bersson, and attend the Awards Luncheon

Ombudsmen honored at appreciation dinner

Receive praise for service to military members, families throughout GLakes

By JUDY R. LAZARUS **Bulletin Associate Editor**

Great Lakes ombudsmen received praise, a certificate of appreciation, and dinner, at Galley 928 last week.

Participants at the event included Cmdr. Hank Roux, Jr., Naval Station executive officer; CMDMC James Parlier, Naval Station command master chief, and Joan Drill, regional ombudsman, and hospital ombudsman since June 2001.

Roux delivered messages from Rear Adm. Rondeau, Commander Navy Region Midwest and Capt. Kathryn Hobbs, Naval Station commanding officer, expressing appreciation for the ombudsmen's contribution to the Navy.

In a letter "to all Great Lakes Ombudsmen," Rondeau thanked the volunteers for their "selfless dedication to duty and service to our Great Lakes Sailors and their families.... "Ombudsmen have built a wonderful legacy of service during their 33year existence," the admiral continued. "The fact that each of you is a volunteer who is personally selected by your respective commanding officers is a testament to your unwavering commitment to helping others and the ethos of 'service above self."

"We dedicate this month to you - the people who make us go forward," noted Roux. "The ombudsman has served an important role. You make the engine go."

Parlier explained that Sept. 14 would be the thirty-third anniversary of the ombudsman program, which plays an important part in the morale, health, welfare, and overall quality of life of Navy families.

"You can get your satisfaction in knowing that you have helped others and that you have gotten to know your spouse's command better," the master chief said. "The best part is being needed. Thank you for all you have done for us."

Drill expressed appreciation to her fellow ombudsmen for their support, and to the spouses for being patient "when we have to take care of ombudsmen issues."

Great Lakes has a total of 40 ombudsmen assisting active duty and reserve personnel. These individuals serve as liaisons between the commands and military families. They provide information on Navy programs and family support groups and make appropriate referrals to those who need special assistance.

SCHOOL (Continued from page 1)

The second phase will include firefighting techniques and the third phase will involve training in chemical, biological and radiological warfare.

DC "A" School staff members are involved in all three different phases. They will teach basic firefighting skills, such as hose handling, combat flooding, distinguishing different classes of fires, battle damage repair, safety and personal protection equipment. They are also taught DC organization.

"The firefighting techniques taught during this course will better prepare the corpsmen prior to going out to the Fleet," said DCC Ronald Benion, DC "A" School senior instructor. "With this extended knowledge, they will be able to act as a first response team before the actual firefighting team gets there."

"For example, in the event of a fire caused during wartime situations or even daily situations, they will be able to contain the specific damage and minimize any further catastrophic problems," Benion said. "The Sailors will be trained for the worst-

"The example of Sailors helping Sailors shows our new DC students that even the most knowledgeable Sailor could use additional training," said Fisher. "It shows them how to work together with different rates and it demonstrates camaraderie and team-

"The additional training done not only creates a more highly trained Sailor, but it also increases the survivability out at Fleet," Fisher said.



Joan Drill, regional ombudsman, receives a certificate of appreciation from Cmdr. Hank Roux, Jr., Naval Station executive officer. Photo by Judy R. Lazarus

Bulletin

Rear Adm. Ann RondeauCommander Lt. Cmdr. Scott AllenAsst. Chief of Staff for Public Affairs Jeffrey P. BrownEditor

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Everything advertised in this publication shall be available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the pur-

If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, publisher will refuse to print advertising from that source until violation is corrected.

Commissaries nix home-printed coupons

By RICK BRINK **Defense Commissary Agency**

FORT LEE, Va. - Commissaries are no longer accepting "home-printed" coupons as the grocery industry comes to terms with the fraudulent use of Internet coupons.

"We still gladly accept manufacturers coupons - the kind you clip out of newspapers or magazines or that you receive in the mail. What we're not accepting are coupons that have been downloaded from the Internet and printed with a home computer because it's too difficult for our cashiers to tell if they are valid," said Bob Vitikacs, the Defense Commissary Agency's director of operations and product support.

The use of fraudulent Internet coupons is growing in the grocery business and many

commercial grocers are also declining to accept home-printed coupons. Most coupons are legitimate, but home computers and Internet access have made it easy to alter legitimate coupons for fraudulent use, Vitikacs said.

Some analysts estimate the loss by coupon fraud to the grocery industry to be millions of dollars. Fraud ultimately costs consumers as manufacturers raise their prices to recoup losses.

To protect against loss, DeCA officials decided to immediately suspend acceptance of home-printed, photocopied or facsimilegenerated coupons - color and black-and-

"This is an interim measure we've adopted immediately to protect our customers and industry partners," Vitikacs said.

Wright retires citing his mantra 'never forget a Sailor'

By JOC RHONDA BURKE **Great Lakes Public Affairs**

Citing his theme, "Never forget a Sailor," Capt. Wardell C. "O.W." Wright told those gathered for his retirement and change of command ceremony Sept. 13 that he has enjoyed working for Sailors throughout his 38-year

"I will be a Sailor always," said Wright. "For me there is a special richness to this kind of life that we lead. I will wear the command lapel

Capt. Michael Moran, right, congratulates Capt. O.W. Wright, left, on his retirement following 38 years of service to the Navy. Moran assumed command of Recruit Training Command during a traditional ceremony, Saturday, Sept. 13. Photo by PH1 Michael Worner

Mag Gen. Murray to visit here for Military Retiree Day

Military retirees of all the services are invited to attend a Military Retiree Day Saturday Sept.. 20 at the Great Lakes Naval Station in Building Four. The doors will open at 8 a.m., and the event will begin at 9

This year's keynote speaker will be Maj. Gen. Richard D. Murray, USAF (Ret.), president of the National Association for Uniformed Services.

More than 40 organizations will have information tables set up in Bldg. 4, where the event will take place. Services available will include ID card renewals, vehicle registration, and health information provided by the Great Lakes Naval Hospital staff.

In past years, the annual Retiree Open House has attracted as many as 1,000 visi-

For information about registration, visit or call the NTC Great Lakes Retired Activities Office, located at the Fleet and Family Support Center in Bldg. 42 at the Naval Station (847) 688-3603, Ext. 118.

Murray served 31 years in the United States Air Force. He was born in Shreveport, La., where he completed his elementary and secondary education. He graduated from Baylor University, Waco, Texas in 1954.

He entered the U.S. Air Force through Baylor University's Air Force Reserve Officers' Training Corps commissioning program in March 1954. His initial assignment was as base budget officer at Webb Air Force Base, Texas.

In July 1956 he was assigned to the Directorate of Budget, Headquarters United States Air Force in Europe. He attended Squadron Officer School in 1960 and remained there as an instructor until August 1964. After graduating from Air Command and Staff College he was the Air Force Comptroller in Madrid, Spain from 1966 to 1969. From August 1969 to August 1970 he served in Vietnam.

The general was comptroller at Seymour Johnson Air Force Base, North Carolina from 1970 to 1973. In January 1973 he moved to Headquarters Tactical Air Command. In July 1974 he became the Command's Director of Budget and became the Command's Comptroller from 1976 to 1979. From 1979 to 1981 he was assigned to the Pentagon as Deputy Director of Budget. He served as Commander of the Army and Air Force Exchange Service from 1981 to 1985.

His military decorations and awards include the Distinguished Service Medal, Legion of Merit, Bronze Star Medal, Meritorious Service Medal, Joint Service Commendation Medal, Air Force Commendation Medal with one oak leaf cluster, Republic of Vietnam Armed Forces Honor Medal First Class and Republic of Vietnam Air Service Medal Honor Class.

Murray is married, and has three grown

pin not as a reminder of what I have accomplished but as a reminder to never forget a

Capt. Michael L. Moran relieved Wright as commanding officer of Recruit Training Command, Great Lakes in a traditional change of command ceremony. Adm. William Fallon was the guest speaker for the ceremony.

"We are not going to soon forget you and what you have done for the Navy," Fallon said of Wright. "You took the term 'mentor' to a new standard. There are hundreds in our Navy today who have sought your advice. You have had a big hand in molding the future of other people in this Navy to their betterment and the

Wright retired 38 years to the day after entering the Navy on Sept. 13, 1965 at San Antonio, Texas. He was the Navy's senior Limited Duty Officer, having been commissioned in 1976. He had been Commanding Officer of the Navy's only boot camp since Dec. 8, 2001.

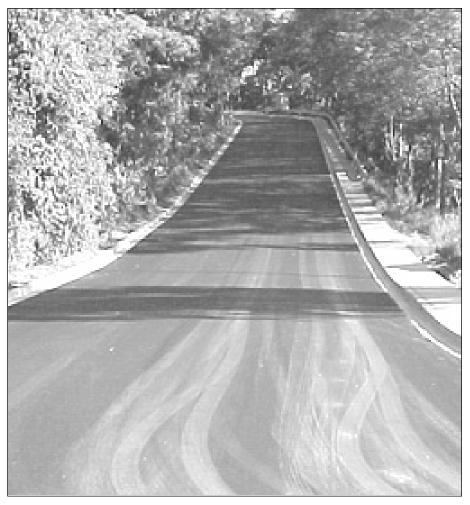
During his career, Wright held every rank from seaman recruit through being selected for master chief petty officer as well as ensign through captain.

He began his career with the "brown water Navy" in Vietnam. His operational assignments included the USS Benewah with the Mobile Riverine Forces and the USS Ashville in the Republic of Vietnam. He also completed department head tours with Amphibious Squadron Five, USS Midway (CV 41), USS Iowa (BB 61) and USS Theodore Roosevelt (CVN-71).

In concluding his remarks, Wright told the staff and recruits of RTC that it has been a privilege to serve as their commanding officer.

Moran reports to Great Lakes from his previous assignment as Operations Officer for Commander, Carrier Group Seven, embarked in USS John C. Stennis (CVN-74).

"I'm honored to be here and to serve as your commanding officer," Moran told the RTC staff and recruits. "Your Navy starts here at Great Lakes. The future of our Navy, our country and our future security start here because today's recruits are our future



Lakefront street now open

Ziegemeier Street is nearly complete and now open to normal traffic. The final touches will include cleanup and landscaping and will be completed in the next few weeks without disruption to normal traffic. Photo courtesy Facilities Team Great Lakes

Navy Ball set for Oct. 10

Tickets are on sale now for this year's Harrell, 688-7014; ITC Teale (847) 688-Navy Birthday Ball which will take place 3337. on Oct. 10 at the Hilton Northbrook, 2855 N. Milwaukee Ave., Northbrook, Ill. The ballroom will open at 6 p.m.; dinner and ceremony will follow at 7 p.m.

Ticket prices are: E1-E3, \$20; E4-E6, \$25; E7-03/GS10, \$30; 04/GS11 and above, \$35. Points of contact are: SH2 Neikirk, (847) 644-2663, 688-3300/3939, e-mail SH2-wendy.neikirk@cnet.navy.mil; SMC

Military uniform for the event is dinner dress blue, uncovered or service dress blue with miniature medals.

Dinner entrées are boneless breast of chicken picatta with light lemon caper sauce and filet mignon with red wine sauce.

To reach the Hilton Northbrook take 294 to Willow Road West to Highway 21 South; telephone number is (847) 480-7500.

RESERVE

(Continued from page 1)

In front of the Reserve Center, lined in rows reminiscent of the tombstones at Arlington National Cemetery, American flags tied with yellow ribbons stood in the grass. Nearly 400 flags, each representing a life lost since the events of September 11, 2001. Lives lost in Afghanistan and Iraq during Operation Enduring Freedom and Operation Iraqi Freedom.

But out of the devastation of the Pentagon and the World Trade Center,

Wilson reminded the audience, comes hope. Hope in the form of the new generation of fighting men and women.

'We have before us a product of that terrible time in our history. You are the young men and women who will carry on the fight for freedom for all nations. No matter what their religious beliefs or the color of their skin-you are above that. You have been taught that to live a full life you understand and will live by the words honor, courage and commitment."

Join team NMCRS Great Lakes

Everyone at Great Lakes is invited to join the Navy-Marine Corps Relief Society (NMCRS) and be part of their volunteer team. Volunteers can:

- · Receive reimbursement for childcare expenses and mileage.
 - Help people with an emergency need. Obtain training for jobs performed.
- Develop new skills or improve on existing talents.

Volunteer opportunities available with NMCRS Great Lakes are for the following posi-

- Thrift Shop workers who accept and organize donated items for resale through the NMCRS Great Lakes Thrift Shop.
- Receptionists who provide information, greet clients, and process data.
- Caseworkers who listen to requests, make decisions and disburse funds to meet client

Call the Navy-Marine Corps Relief Society Great Lakes at (847) 688-6830/31 for an application or call for more information.

Chaplain remembers early years at Great Lakes

Reservist attended boot camp and was hospital corpsman

By JUDY R. LAZARUS Bulletin Associate Editor

Being at Great Lakes is a bittersweet experience for Cmdr. Roger D. Smith. The reserve chaplain, who has been at the base on and off since boot camp in March 1968, has been drilling at Great Lakes since May 1985.

Last weekend, Smith visited Chaplain George Cooper, director, Chaplain Department. "He was busy on Friday so he said I could be regional chaplain for a day," Smith explained, with a smile.

Things look different than they did 35 years ago, noted the chaplain, who attended Hospital Corps School following recruit training. "There are places that were here and aren't anymore," he said. "Hospital Corps School and the barracks are different buildings now."

Smith was assigned to the hospital where he remained until July 1969 when he went

to Vietnam. He returned in August 1970 and was then assigned to Marine Corps Air Station in El Toro, Calif. for two years.

"My uncle was at boot camp here prior to World War II," the commander said. "He told me about the wonderful places he went." That influenced the chaplain to join the Navy. He was also interested in medicine.

Smith returned to civilian life in 1972 and reentered the service in 1985 as a reserve chaplain, after receiving his commission. His first tour as a chaplain was with the Marines.

In civilian life he was a pastor in Michigan and Wisconsin, and is presently a pastor in Ft. Collins, Colo. Smith will now be drilling with U.S. Northern Command. at Peterson Air Force Base in Colorado Springs.

The chaplain grew up in the Denver area and attended high school there, so the state is familiar territory.



Reservist Cmdr. Roger D. Smith sits at the desk of Capt. George Cooper, director Chaplain Department. *Photo by Judy R. Lazarus*

'Toys for Tots' season begins

A "Toys For Tots" - the annual U.S. Marine Corps Reserve toy collection - benefit bike run will take place Sept. 21 at the Algonquin Roadhouse, one block west of Route 31 on Route 62 in Algonquin.

Everyone who wishes to participate is or call Vic at (847) 650-5069.

asked to bring an unwrapped toy to the event, which begins with registration at 9 a.m., and starts at 10 a.m. There will be a party at 3 p.m.

For more information, visit www.fvco.org on the World Wide Web, or call Via et (847) 650, 5060

Remembering Sept. 11

Sailors assigned to the attack submarine USS Chicago (SSN 721) observe morning colors at half-mast on Sept. 11, 2003, with a flag sent from the New York City Fire Department. The flag was sent to the city of Chicago, and in turn was presented to the crew of USS Chicago. The crew hoisted the flag in memory of the men and women who died on Sept. 11, and to pay homage to the brave men and women who fought and died at Pearl Harbor. U.S. Navy photo by Chief Journalist David Rush

LifeSource recognizes Hart for his contributions

By ELIZABETH C. MARTINEZ Training Support Center

LifeSource Blood Services said farewell and thank you to Lt. David Hart, at a luncheon where he was presented with a "Beyond the Call of Duty" award. Hart had served as Training Support Center, Great Lakes (TSC) blood drive coordinator.

"In the two years that Hart has worked with LifeSource, he has played an instrumental role in collecting approximately 9,874 units of blood, which will end up benefiting about 30,000 patients," said Elaine Challos, LifeSource team account manager.

Hart arrived at TSC two years ago and soon after his arrival, he was given the duty of becoming the TSC blood drive coordinator. Since then, he has worked with the Naval Hospital and LifeSource to meet their goals. He worked with individual schoolhouse blood drive coordinators to organize a minimum of two blood drives a month and special events to promote the cause, such as guest speakers like Chicago Bears football players.

"As an officer and friend, his contributions will be greatly missed," said Challos. "He helped facilitate the goals of the blood program by working on recruitment and talking to many potential donors."

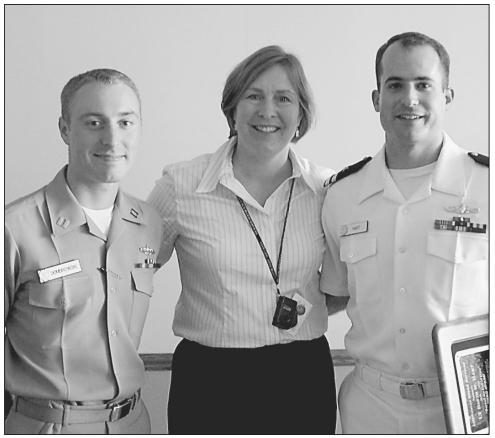
Hart, a blood donor himself, said that during his experience as blood drive coordinator, he has met many honorable and giving individuals. He said that he was in and out of schoolhouses enough that he had the opportunity to meet many students.

"I try to set an example of senior leadership with these students because many of them have expressed that it was nice to see me and that alone has motivated them to donate," said Hart.

"Giving blood is one thing individuals can do without any outside help, it's about individuality and making a decision to help the community," said Hart.

"This experience has been the most rewarding duty I've had in the Navy and being able to work with the community, surpasses every collateral duty I've had," said Hart

After serving 11 years in the Navy, Hart will continue his education by working on obtaining his master's degree in political science. Hart will hand his responsibilities over to Lt. Todd Dombrowski.



Lt. David Hart accepts the Beyond the Call of Duty Award presented by Elaine Challos. Pictured from left: Lt. Todd Dombrowski, Challos and Hart. *Photo by Elizabeth C. Martinez.*

Honormen, RCPOs at the Recruit Graduation Review



SR Tremaine Mcdonald, Div. 312, Marletta, Ga. **Navy League Award**



SR Joshua Uber, Div. 314 Butler, Ind. **United Services Organization Shipmate Award**



The following honor recruits for the Sept. 18 and 19 recruit review graduation ceremony will be presented with a statuette of the Lone Sailor by the Fleet Reserve Association: SR Melissa Jones, Div. 309, Ellenboro, N.C.; SR John Schuster, Div. 310, Massillon, Ohio; SR Nicholas Copley, Div. 311, Redding, Calif.; SR Anthony Colston, Div. 312, Huntington Beach, Calif.; SR Garcia Hernandez, Div. 313, Madera, Calif.; SR Brian Blank, Div. 314, Houston, Texas; SR Mark Becker, Div. 315, San Antonio, Texas; SR Gabriel Lynch, Div. 316, Pueblo, Colo.; SR Kristine Gavion, Div. 317, Baltimore, Md.; SR Keith Orcione, Div. 318, Everett, Mass.; SR Orlando Tolento, Div. 319, Corpus Christi, Texas; SR Nicholas Messina, Div. 320, Geneva, Fla.; SR Christina Loomis, Div. 321, Los Angeles, Calif.; SR Anaalicia Contreras, Div. 322, Salt Lake City, Utah; and SR Rebekah Lafferty, Div. 942, Grand Forks, N.D.

The recruit chief petty officers for the Sept. 18 and 19 recruit review graduation are as follows:; SR Tonikka Dorsey, Div. 309, Atlanta, Ga.; SR Justin Walker, Div. 310, Parson, Kan.; SR Nicholas Copley, Div. 311, Redding, Calif.; SR Clinton Baker, Div. 312, Bloomington, Indiana; SR Ernest Whorton, Div. 313, Waynesville, Mo.; SR James Harkins, Div. 314, Houston, Texas; SR Chad Metcalf, Div. 315, Austin, Texas; SR Joel Pena, Div. 316, Dayton, Ohio; SR Marla Rust, Div. 317, Denver, Colo.; SR Keith Orcione, Div. 318, Everett, Mass.; SR Orlando Tolento, Div. 319, Corpus Christi, Texas; SR Terrence Johnson, Div. 320, Saginaw, Mich.; SR Markus Spooney, Div. 321, Atlanta, Ga.; SR Jaun Diaz, Div. 322, Bronx, N.Y.; and SR Jessica Wells, Div. 942, Chesterfield, Va.

The award winners for the Sept. 18 and 19 recruit review graduation are as pictured.



SR Megan Weaver, Div. 318 Corpus Christi, Texas **Navy League Award**



SR Jasper Haywood, Div. 318 Asheboro, N.C. **United Services Organization Shipmate Award**



SR Billy House, Div. 312 Woodstock, Ga. **Military Order of** the World Wars



SR Nicholas Copley, Div. 311 Redding, Calif. Military Excellence Award Navy Club U.S.A.



SR Robert Greene, Div. 942 Harrisburg, N.C. **Military Excellence Award Navy Club U.S.A**



SR Daniel Steinbrook, Div. 322 Cameron, Mo. **Military Order of** the World Wars



SR Micheal Khaler, Div. 309 Brush, Colo. **SAR Academic Excellence Award**



SR Tonikka Dorsey, Div. 309 Atlanta, Ga. **Military Officers Association** of America Award



SR Ryan Lis, Div. 942 Elliottsburg, Pa. **Military Officers Association** of America Award



SR Steven Barber, Div. 319 Gate City, Va. **SAR Academic Excellence Award**

Viewpoint • • • >

Readers Speak Out

This week the *Bulletin* asks its readers, "Are there any celebrities that you follow?"



"Ben and J. Lo bug me. I buy *People* every once in a while to keep up. I like Ricky Martin a lot."

Tricia Smith



"I don't pay much attention to those people. I really don't care."

Carol Bissell



"Halle Berry and Kobe Bryant." BM2 Paul Gordon

GORDON

"Bill Goldberg. I follow wrestling."

MM3 Frank Northway



"Bryant Gumbel."
SN Gabriel Gonzales



"Tony Gwynn. He was with the San Diego Padres." MSSA Robert Martinez

Awardees Wanted

The *Great Lakes Bulletin* will publish a list of award recipients, and those promoted and advanced, by command, each month, usually in the first issue of the month. Submit names on a copy of this form to the Editor, *Great Lakes Bulletin*, Bldg. 1, Room B-25, by the close of business Monday before the first Friday of the month. The name and phone number of a command point of contact **must be included**, or the names will not be published!

Command:

Name	Award	Date Received			
oint of contact (print na	ame and telephone number)				
oint of contact signature	e.				
	nedals, awards, promotions, ac	lvancements, commendation			

and certificates. For information, call the *Great Lakes Bulletin* at 688-4808/2201.

Great Lakes Tyke

Name: Alexis Whitman.

Age: 5.

I live in: Glenview, Ill.

My family members are: My Mom

Sherry

My pets are: No pets.

I help my parents around the house by: I help her a little bit.

My favorite book is: Barbie.

Favorite cartoon is: Barbie.

My favorite food is: Macaroni.

My best friend is: Mya.

My favorite toy or game is: I don't

know

My favorite color is: Pink, yellow

and purple.

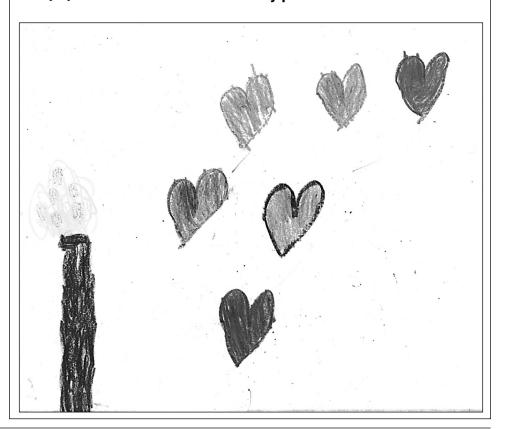


Alexis Whitman

My favorite sport is: Cheerleaders.

When I grow up, I want to be: A cheerleader.

My picture is of: A tree and hearts.



Information, Tickets & Travel Building 400, 688-3537

Information, tickets and travel

Information, Tickets and Travel (ITT) provides information concerning local points of interest, public transportation schedules, and discounted tickets for movies, theatres, amusement parks, tours and sporting events.

These services are available to all military and DoD employees.

There is no surcharge on all tickets to DoD employees. On the first day of sale, all sports events tickets may be purchased by active duty military only.

After that, all tickets are available on a first come-first served basis. Note: Prices are subject to change.

Office hours

ITT's hours of operation will be Monday-Friday 10 a.m.-5 p.m. and Saturday 10 a.mnoon. They are closed on Sunday and all federal holidays.

Entertainment Rebate Program

Get 20 percent of your ticket cost refunded through Entertainment Rebate Program (ERP) Experience some of the area's best local (Illinois, Indiana and Wisconsin only) entertainment programs and get 20 percent of your ticket cost refunded.

The Entertainment Rebate Program is designed to help offset the cost when active duty service members attend off-base events in the following areas: sports, concerts, cultural, etc.

The rebate program does not apply to tickets available through MWR's ITT Office or free tickets offered through any other source. Some restrictions apply.

Contact the ITT Office for complete details at 688-3537. Sponsored in part by AT&T. This program is only open to active duty, and active reservists.

Chicago City Pass

Visit six attractions at one low price with no ticket lines: The Art Institute of Chicago, The Field Museum, The Museum of Science and Industry, The Adler Planetarium and Astronomy Museum, The Shedd Aquarium and Oceanarium VIP and The Hancock Observatory.

The cost is \$49 per adult (value: \$72.50) and \$38 per child ages 3-17 (value: \$51).

Go to the head of the line

The new Hancock Observatory takes you to the top-and one step beyond. The new Hancock Observatory, in the heart of Chicago's Magnificent Mile, gives you a one-stop tour of Chicago. Step out into the wild blue on "Skywalk," Chicago's only open-air viewing deck.

Best of all, experience Chicago's finest views, spanning 80 miles, four states, and 360 degrees. ITT's Hancock Observatory Admission Fees: are \$7.50-adult, and \$5.50-child.

Metra tickets

The price of a one way METRA commuter train ticket is \$2.25. The ticket price is still 50 percent off regular admission price of \$4.50 if purchased at the train station.

Busch Gardens

The ITT Office is now selling Busch Gardens Amusement Park tickets, located in Tampa, Fla. With over 30 attractions, five world-class coasters and 2,800 exotic mammals, birds and reptiles on nearly 335 acres - to describe it as "wild" would be an understatement.

Ticket prices are \$48 for adults and \$38 for children. Stop by the ITT Office today to purchase your tickets.

Naval Station

GREAT LAKES

Morale, Welfare & Recreation



Rinkside Sports

ITT offers Rinkside Sports - located in Gurnee Mills Mall - Fun Passes for only \$12. The Fun Pass includes a \$5 Fun Card to be used for video games, one admission to the Ice Skating Arena, one skate rental, one laser tag game, one free slice of cheese pizza and a small soda (savings of \$13 at ITT). Use the Fun Passes to host your child's next birthday

Taking a cruise

Carnival took all the fun things you love to do and put them on a fleet of fabulous cruise ships. Every "Fun Ship," has fantastic places for you to swim, dance, dine on lobster in style or pizza in shorts, even exercise to your heart's content.

Visit exciting destinations, while knowing your children are having their own kind of fun. Book your cruise through ITT, offering discounted rates. Stop by or call ITT at 688-4813 for details.

Tickets

Tickets on sale at ITT include: Medieval Times Dinner and Tournament. Adult-\$41, Child-\$31 Experience a night of jousting, sword fighting and feasting at this extraordinary dinner tournament.

Stay in Chicago

Go to Chicago for the Weekend, and stay at the Best Western-Grant Park Hotel on Michigan Ave., now offering exclusive discount for all base personnel.

The cost is \$89 per night for base or single occupancy-seasonal low rate, or \$105 per night for base or single occupancy-seasonal high rate. If interested in booking a room for a Chicago getaway, call (800) 472-6875 and use "MWR-1" rate code when making the reservation. This offer is based on availability. A government I.D. is required upon check-in. Some restrictions apply.

Cubs tickets

Chicago Cubs Baseball Tickets for September are on sale at the ITT office. The prices are as follows: third base, upper deck box tickets for regular season games \$29 and for all prime game tick-

Ticket sales are for active duty military personnel only on the first day of sale and on the second day of sale to all other eligible NAVSTA ITT patrons.

MSO info

All Great Lakes personnel receive a special 25 percent discount on tickets purchased through Milwaukee Symphony Orchestra.

Plus, eligible base personnel may receive an additional 20 percent rebate on tickets utilizing the Entertainment Rebate Program. Contact the ITT Office for de-

For Milwaukee Symphony Orchestra

information, call Sarah Martin at (414) 291-6010, Ext. 214.

Six Flags

Six Flags Great America is now open, and those under age 3 are admitted

A daily pass costs for adults \$32, and for children \$30.89 (under 54 inches tall) Season passes cost as follows: Individual - \$90, family pass (four people, additional \$76) - \$304.

Armed Forces salute

Ask about Disney's Armed Forces Salute and Universal Orlando's Discounted/Free Ticket Programs. Call the ITT Office at 688-3537 for details.

Traveling by airline?

Let the MWR Travel Desk assist you with your airline reservations. To receive special military discounts and guaranteed lowest fares on airline tickets, simply call the Travel Management Corporation at their toll free number (877)805-9157, serving Chicago O'Hare, Midway and Milwaukee's Mitchell Field area airports.

Win a cruise vacation

The ITT Office is giving away a seven-night Carnival Cruise Package, which includes not only the cruise itself, but airfare as well! This promotion is open to all active duty personnel. One entry is allowed per person through Nov. 14. However, to earn more chances, ITT customers will be offered additional entries for every transaction they make at the ITT Office during the promotion dates. Signup today at the ITT Office in Bldg. 400-Student Store. This promotion is sponsored, in part, by SLF Financial.

Bears tickets

Chicago Bears tickets are on sale. The cost per ticket is \$54. Tickets will be distributed to base personnel with an ID, and only two tickets per person, per game. Supplies are limited.

Free hockey tickets

MWR and the Chicago Wolves Pro Hockey Team have teamed up to provide a large number of free tickets to base personnel to EVERY home game this season. For those who would like tickets to some of the best and most exciting pro hockey in the Midwest, stop by ITT Bldg. 400). On Oct. 1, active duty personnel will have first chance at all the October, November and December games. On Oct. 2, all other base personnel can pick up tickets if available. A base ID is required. There is a limit of two tickets per person, per game. Supplies are limited. All games are played at the Allstate Arena in Rosemont, IL. Individuals receiving the tickets are responsible for their own transportation. Games that ITT will have free tickets for are Oct. 11, 16, 25, 26, and 29; Nov. 1, 2, 26, and 29; Dec. 10, 20, 26, and 27; Jan. 2, 3, 7, 10, 11, 14, 17, and 18; Feb. 4, 7, 11, 21, 25, 28 and 29; March. 6, 7, 13, 17, 20, 27, and 31; and April. 3, 4, 7, and 10. For those interested in an outing for a command function, contact Patty Kupzak at 688-3537/4813 to discuss ticket availability and details.



Ross Theatre will

be closed

through

October for

renovations.

Places to dine - Places to go

Port O' Call Banquet and Conference Center MENU Bldg. 140, 688-6946

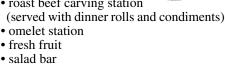
Enjoy... Fall Brunch!

Take in the beautiful Fall view of Lake Michigan while enjoying a delicious brunch... Sun., Sept. 28 from 10 a.m.-2 p.m.

Port O' Call, Bldg. 140

\$12.95-adult **\$7.95**-child under 12

- scrambled eggs
- breakfast sausage links
- crisp bacon
- breakfast potatoes pancakes
- chicken Jus Lie'
- pasta primavera roast beef carving station
- omelet station
- · assorted desserts and pastries



The Forrestal Village Chapel staff are looking for adults willing to work with junior and senior high youth at Forrestal Village Chapel. Come and be part of a vibrant program for youth that will include devotionals, music videos, sports, and food. All prospective volunteers can call the chapel staff at (847) 688-3490/91.

On Thursdays from 6:30 - 8 p.m. Women's Bible Study will ask: Is your life out of control? Do people take advantage of you? Do you have trouble saying no? Are you disappointed with God because of unanswered prayers? Boundaries by Dr. Henry Cloud and Dr. John Townsend is the new study the group will pursue. Having clear boundaries is essential to a healthy balanced lifestyle. A boundary is a personal property line that marks those things for which we are responsible. Boundaries

define who we are and who we are not. Childcare will be provided in the chapel nursery.

On Thursdays from 4:30 - 6 p.m. Patch the Pirate Club meets. Patch the Pirate Club is a unique children's choir program. Each month the club emphasizes a new godly character lesson taught through songs, stories, Bible lessons, music lessons, activity pages, daily devotions, and performances. Patch the Pirate Club provides opportunities for elementary-aged children to grow spiritually while developing musically. It's a great club for character building fun!

On Sundays from 8:45 - 9:45 a.m., Adult and Children's Sunday school takes place. Come on out and study various biblical topics and passages every Sunday morning. Doughnuts and coffee are provided, and childcare is available in the chapel nursery.

Signing event supports Pentagon memorial fund

By DONNA MILES

American Forces Press Service

WASHINGTON — Air Force Lt. Col. Pam Hodge remembers the immediate sense of calm she felt when she heard the roar of the first fully armed F-16 fighter jet to arrive at the Pentagon after the Sept. 11, 2001, terrorist attack.

"I felt like a little kid hearing his mother's voice," said Hodge, assigned to the Office of the Secretary of the Air Force. "All of us were so confused and so unsure of what was happening. But somehow, when I heard that engine roar overhead, I knew that everything was going to be OK. Just hearing that plane calmed me down."

So moved was Hodge by that moment that she joined hundreds of coworkers at the Pentagon today to purchase a limited-edition print of "First Pass, Defenders Over Washington," signed by the artist, Rick Herter. The event was sponsored by Fort America, a Pentagon concession, with all proceeds to benefit the Pentagon Memorial [http://memorial.pentagon.mil] Fund.

The painting, part of the Air Force art collection, portrays Air Force Maj. Dean Eckmann from the North Dakota National

Guard's 119th Fighter Wing as his F-16 screamed over a burning Pentagon.

Also offered for sale were signed, numbered prints of Herter's "Ground Zero, Eagles on Station." That painting depicts Air Force Lt. Col. Tim Duffy from the Massachusetts National Guard's 102nd Fighter Wing, the first F-15 pilot to reach the World Trade Center site on 9-11 to lock down the airspace over Manhattan.

While sales for both prints were steady, buyers at the Pentagon event tended to favor the Pentagon print, because they said they felt such a personal connection to it.

Like Hodge, Army Lt. Col. Tom Cleary from the Army G1 (Personnel) staff remembers feeling tremendous relief on 9-11 when he watched Eckmann's aircraft streak overhead. "As bad as everything seemed at the moment, seeing that plane showed that we were able to react and that we were doing the right thing."

Cleary said he plans to hang the print at home to serve as a constant reminder of the lessons of 9-11, "as much for my kids as for myself." That lesson: "Don't ever take anything for granted," he said. "This will be a constant reminder, something for me to pass on to my children."

Chaplain's Corner

High Holy Days times for amends

By CHAPLAIN ARNY SIEGEL

Of so many facets, what do faith community sabbaths, festivals and holy days of obligation commonly share? All these events offer times for personal reflection and renewal. Each time we pray is an opportunity to look within ourselves—Who am I- What am I- and Where am I going? Self-scrutiny is one of the fundamentals of Jewish prayer, and just in case it isn't practiced daily, weekly, monthly or periodically, the High Holy Days, Rosh Hashanah (the New Year, sundown Sept. 26 to sundown Sept. 28) through Yom Kippur (the Day of Atonement, a 24-hour fast from sundown Oct. 5 to sundown Oct. 6) offer time (the Ten Days of Penitence) for self-evaluation and self-renewal.

On the model of the (ancient) Holy Land harvest (Sept.-Oct.), just as one took a fiscal inventory for tithes and taxes, so one engaged in a personal evaluation ("inventory of the soul"). The rabbis envisioned a heavenly court where the Supreme Judge weighs one's good works against one's sins. For 10 days the decision hangs in the balance, while a tentative judgment is written on a clean page of the Book of Life ("On the New Year it is inscribed, and on the Day of Atonement it is sealed: Who shall live and who shall die. Who shall wax rich, and who shall become poor...."). Repentance, prayer and evidence of doing right avert the severity of the decree.

At least once a year, a person should make a spiritual turnaround toward better moral living. Judaism teaches that God forgives the truly penitent (anytime), but not before one makes amends (pays a debt, restores property, begs forgiveness) to anyone one might have wronged. These High Holy Days thus provide opportunity for reconciliation between family members, shipmates and with the All-Forgiving. Truly re-spiritualized, one can enter the new year fortified and motivated to do rightly, care for one's self, family and shipmates and sense a partnership with God to help bring this world to its intended fruition. Accordingly, the traditional greeting is "May you be inscribed and sealed in the



Chaplain Arny Siegel

Book of Life for a good year."

The symbol for the High Holy Days is the ram's horn (shofar), which is used to announce the new year and alludes to the biblical account of Abraham's offering his son, Isaac, and God mercifully substituting a ram for a sacrifice (Gen. 22). The sound of the shofar is a call to penitence for the transgressor and an appeal to God for mercy.

Traditional foods are made with honey (or apple slices dipped in honey) and eaten with a wish that everyone enjoy a "sweet year."

Navy Great Lakes High Holy Day worship will be held at RTC Recruit Memorial Chapel (Bldg. 1301), according to the following schedule:

Rosh Hashanah, Sept. 26; 7 p.m.; Sept. 27, 9 a.m.; and Sept. 28, 9 a.m.

Penitential Sabbath, Oct. 3, 7 p.m. Yom Kippur, Oct. 5, 6 p.m., and Oct. 6 at 9 a.m. and 4 p.m.

For further information, contact Chaplain Arny Siegel at (847) 688-3888/5410/5610.

Command Religious Program Schedule

	Catholic
ı	Sun., 6:30 a.m. Catholic RSPO muster
ı	Sun., 6:45 a.m. Roman Catholic Confession
ı	Sun., 7 a.m. Catholic Choir Practice and Rosary
ı	Sun., 7:30 a.m. Sunday Mass
ı	Sun., 8:45 a.m. Catholic Religious Education
ı	Sun., 9 a.m. Sunday Mass
ı	Sun., 10:30 a.m. Roman Catholic P-Day Mass
ı	Sun., Noon Sunday Mass
ı	Sun., Noon Sunday Mass
ı	MonFri., 11:45 a.m. Weekday Mass
ı	Sun., 10:15-11:30 a.m. CCD
ı	Sun, 10:15 a.m. Adult Education
ı	,
	Protestant
ı	Thurs., 7 p.m. Protestant Choir Practice
ı	Sun., 6:30 a.m. Protestant RSPO muster
ı	Sun., 9:00 a.m. Traditional/P-Day Service
ı	Sun., 9:30 a.m. Traditional/Meditative
ı	Sun., 10:30 a.m. Protestant Worship
ı	Sun., 10 a.m. Family Worship Service
ı	Sun., Noon Contemporary Christian
ı	Sun., Noon Sailors for Christ
ı	Sun., Noon, Gospel Christian
ı	Sun., 1:30 p.m. Sailors for Christ
ı	
	Full Gospel Service
ı	(Pentecostal)
ı	Sun., 10:15 a.m. Sunday School adult & childrenBluejacket Memorial Chapel
ı	Sun., 11:45 a.m. Morning Worship
ı	Wed., 7 p.m. Bible Study, adult & children
ı	Mon., 7 p.m. First Monday of month Bible Study/Fellowship, Men & WomensBluejacket Memorial Chapel
ı	Fri., 7 p.m. First Friday of month Youth Victory Service
ı	
ı	Christian Science
ı	Sun., 7:30 a.m. Prayer and Study
ı	Sun, 7.30 d.m. Fruyer and Study
	Church of Christ
١	
١	(Non-Instrumental)
I	Sun., 9 a.m
I	

Orthodox Christian Islamic Church of Jesus Christ of Latter Day SaintsNaval Hospital All Faiths Chapel Seventh-Day Adventist Recruit Memorial Chanel Lutheran Bahai Recruit Memorial Chapel Sun., 7:30 a.m. Bahai Prayers Buddhist Unitarian Miscellaneous (Recruit Memorial Chapel)

Thurs., 7 p.m. RSPO Training; Sun., 7:30 a.m., LDS Sunday School Sun., 7:30 a.m., Eastern Orthodox Confessions Sun., 10:30 a.m., Jewish Culture Class

Counseling Hours, Mon.-Fri. - Recruits 7:30-11:30 a.m.; Staff 7:30 a.m.; Sp.m., Bldg. 1127, Room 233; and 1-3 p.m. at Bldg. 1301 chapel.

Chapels

• Bluejacket Memorial Chapel - Bldg. 3, NTC

• Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village

• Recruit Memorial Chapel - Bldg. 1301, RTC

• Naval Hospital All Faiths Chapel, Wing 2 South

• Naval Hospital All Faiths Chapel, Wing 2 South
• For More Information about any of the services or events listed in this schedule, call 688-5610

H2O Oasis, Nunn Beach closed - try Indoor Pool

Pool parties

Add a splash of fun to your next event by hosting a Pool Party at the Indoor Pool, Bldg. 440. Chips and soda are included in the price of only \$75 for two hours for up to 15 children, and \$4 more for each additional child. Those who attend may bring additional drinks, food, decorations, and cake. The program is available daily from 5-7 p.m. Call for details.

Lifeguard certification

This class emphasizes preventing accidents, rescue techniques, and caring for the victim after the accident. Upon completion of the class, successful participants will receive certifications in CPR for professional rescuer, lifeguarding and first aid. CPR pocket masks are included in the class fee. Participants in the class must go to the Red Cross office on base and purchase the course book.

Pre-requisites for participants are:

- Must be 15 years old prior to the start of this class
- Must be able to swim 100 yards front crawl; 100 yards breaststroke; 100 yards sidestroke; and 100 yards elementary backstroke.
 - Must tread water 2 minutes legs only.

Indoor pool hours

The Indoor Pool at Bldg. 440 is open Monday, Wednesday and Friday from 6-8 a.m. for lap swim; Monday through Friday from 11 a.m.-1 p.m. for lap swim, and Monday - Friday 6-8 p.m. for open swim, and is closed weekends. The pool in Bldg. 80-H is closed.

Water polo

Looking for some team competition? Try the pool's new water polo open swim. Teams assemble every other Wednesday at 6 p.m. at the Bldg. 440 pool. Participation is free and each team can accommodate up to 10 players each..

Caps will be provided for players. For more information or to register, call or stop by Bldg. 440. Competition takes place at the outdoor pool.

Swim clinics

Swim clinics will be held at the indoor pool on Monday, Tuesday, Wednesday and Thursday 5-5:45 p.m. Instructors will focus on one stroke per week for those ages 16 and up

Swim lessons

Swim lessons are available according to the following schedule:

Youth Swim Lessons for those 4-16 years of age are offered in three week sessions on Tuesday and Thursday from 5-5:45 p.m. The cost is \$40 per child, or \$75 for two children in a family. Here are the dates: Oct. 7–23; Nov. 4–20; and Dec. 2—19. Bring a bathing suit, goggles (if needed) and a towel.

Water Babies for those 6 months to 4 years of age are held on Saturdays from 10-10:45 a.m. from Oct. 4-Nov. 22. The price is four classes for \$25, or all 8 classes for \$45. Bring a bathing suit, toys from home, towel, swim diaper.

Adult Stroke Development Classes cost \$12 per class, or \$40 for four classes, and are held Monday, Wednesday, and Friday from 5-6 p.m.; and Saturdays at 10 a.m. make arrangements with the Aquatic Manager.

Private Youth Swim Lessons cost \$12 per class, or \$40 for four classes. These will be arranged for patrons' convenience with the Aquatic Manager.

Aqua Aerobics

Aqua Aerobics is for swimmers and nonswimmers who want to exercise in a fun, therapeutic, or vigorous way. The sessions are held on Mondays, Wednesdays and Fridays from 5-6 p.m. Sessions cost \$15 for 10 or \$25 for 20. All equipment is supplied. Each participant in the aerobics exercises to their own level as the instructor leads and motivates.

Various age groups can participate at the same time, but exercise at different rates. Water exercise has been around for years, starting with rehabilitation, and builds cardio-vascular endurance. Activity takes place in the shallow water approximately three to four feet. Exercise can also be performed in the deep end for individuals who know how to swim.

SCUBA lessons

Open-water SCUBA lessons with PADI/NAUI certification are offered, and the cost is \$175. The gear, equipment, and books are all included, and the student keeps the books for future reference. The cost does not include an open-water check-out dive. The registration fee is \$85, payable at Bldg. 440, and \$90 is due on the first day of class, payable to the instructor. The classes - limited to eight participants - take place every Monday and Wednesday evening from 7-10 p.m., and last three weeks. For information, call Sam at (847) 731-2089

Frogman competitions

Test your swimming abilities and mental endurance at these exciting competitions. It's a water obstacle course with a little calisthenics thrown in for fun. Competitions are held every Wednesday night at 6 p.m. at the Bldg. 440 Indoor Pool. The entry fee is \$10, and event winners win a T-shirt and a pair of Kiefer swim goggles. Register at Bldg. 440.

Lifeguard, CPR challenge

A Lifeguard and CPR Challenge will be held at the Bldg. 440 pool, on a date to be determined. The cost is \$70, and \$55 additional for CPR certification. The prerequisites are as follows: Participants must be able to swim 500 yards continuously, be able to tread water for 2 minutes without using their hands, and be able to retrieve a 10-pound brick in 11 feet of water.

English Channel swim

The "English Channel Swim" program challenges swimmers to set a distance swimming goal of 21 miles, the equivalent of the shortest distance across the famed "English Channel," between Dover, England and Cape Gris Nez, France. Upon completing the 21-mile distance, each participant will receive an "English Channel Swimmer" T-shirt. Each participant in the "English Channel" Swim Challenge pays only a \$5 registration fee.

Pools accessible

The swimming pools at Great Lakes are accessible to those with disabilities. The Aquatics Department has a portable extra step with a rail which can be used, and there is a small step on the northeast side of the Bldg. 440 pool.

For more information about any Naval Station Morale, Welfare, and Recreation Aquatics Branch programs or events, call 688-3419.

Registration for all programs will take place at the front desk of Bldg 440. Lockers are provided and patrons can obtain a key from the front desk.

Every patron entering the pool to swim will need to take a shower.

An adult must accompany children under the age of 10. Those over the age of 10 must be able to swim 25 meters (length of the pool) in order to swim unaccompanied.

Unless otherwise noted, all events and classes are open to active duty military, retired, reservists, military family members, and DoD civilians with valid memberships

Get in a little paintball action at Sniper's Alley

Sniper's Alley is now open by the Fieldhouse.

This new 13,500 square-foot playing arena is perfect for fast-paced paintball.

For just \$10 per day players can rent safety equipment and will receive 100 paintballs. Additional paint can be purchased at very low prices on site.

Have your own equipment? All you need to do is pay a small field fee and purchase the paint on-site.

All paint must be purchased and used on-site. Safety rules are strictly enforced. Those owning their own equipment are required to follow base regulations for storage and registration. No one under age 12 is permitted to play. Parental permission slips are required for all children ages 12-17.

Regular hours of operation are: Thursday 4-9 p.m., Friday 4-10 p.m., Saturday 1-10p.m. and Sunday 1-9 p.m. For more information call 688-2330.

Aerobic classes

Aerobic fees apply for all classes unless otherwise specified. All eligible gym customers are welcome. Classes are subject to change without notice.

A "Warrior Pose" Yoga Class takes place Tuesdays and Thursdays at the Triplex from 6-7 p.m. This class combines marital arts, yoga and fitness training into one fantastic workout. All fitness levels are welcome.

Step Aerobics is held Tuesdays and Thursdays at the Wellness Center from 11:30 a.m.-12:30 p.m.

Power Training takes place Tuesdays and Thursdays at the Wellness Center from 4:45-5:45 p.m. This class uses resistance training to strengthen and sculpt the body.

Spin classes are held Tuesdays and Thursdays at the Triplex from 5:45-6:45 a.m.; Mondays, Wednesdays, and Fridays at the Triplex from 11:45 a.m.-12:30 p.m.; and Mondays and Wednesdays at the Triplex from 4:30-5:15 p.m.

Certified instructors sought

MWR is looking for "certified instructors" in the following areas: yoga, step aerobics, cardio-box aerobics, strength and conditioning, etc. Please fax resumes to (847) 688-7858 or contact Barb Roth at (847) 688-2171.

Commander's Cup races

Here is the schedule of remaining Commander's Cup races: Sept. 27, 9 a.m., Columbus 5k Race, Bldg 4; Oct. 28, 6 p.m., Fright Night 5k Race, Bldg 4; Nov. 15, 9 a.m., Skylab 5k Race, Bldg 4.

Competition age categories are 19 and under, 20-29, 30-39, 40-49, 50-59, and 60 and over. Awards will be given to the first-and second-place finishers in each category for both genders.

In 5K team competitions, the top five runners will qualify for time. The team with the best time will be awarded the traveling trophy. Teams members must be attached to the command they represent, and team competition is open to all.

For each race the first 50 runners shall receive a gift for their entry. Call (847) 688-3419 for information.

Massage therapy available

Make an appointment with MWR's own massage therapist today.

Call the Wellness Center at 688-5649 for days/times.

The physical fitness centers are located in the following buildings: Courts Plus - Bldg. 4, Gym 80-H, Fieldhouse - Bldg. 440, Triplex - Bldg. 3, and Wellness Center-Bldg. 2A.

All event/league registrations and manager's meetings take place at the Fitness & Sports Office in Bldg. 440, unless otherwise noted. Turn in registration and forfeiture letters at Bldg. 440. Leagues are open to all active duty and retired military, reservists, family members with an ID and DoD employees with a valid gym membership. For additional information, call 688-3419.



PSD-NTC golf champs

Members of the first-place PSD-NTC intramural golf team (from left) PN1 Michael Rumney, PN1 David Magargee, PN1 T.J. Fekete, PN2 Francis Johnson, received their plaque from Naval Station Executive Officer Hank Roux, who emphasized the importance of the Commander's Cup competition. The league was composed of 17 teams from various commands. The teams were split into two divisions, which played for two top spots in each division, which would advance to a season-ending round robin tournament, deciding the overall champion. The Intramural League representatives said they had an exciting season as the top teams were neck-and-neck the majority of the season. The playoff (Round Robin) was no different as it took three weeks to decide the ultimate champion. Naval Hospital Corps School took second place, the Sheridan Marauders were in third, and Navy Recruiting District Chicago came in fourth. *Photo courtesy ETC Roger Byers*

CPSC, manufacturers announce products recalls

Name of product: Toy Necklaces.

Units: 1.4 million.

Manufacturer: L.M. Becker and Co. Inc., of Kimberly, Wis.

Hazard: The necklace's pendant contains high levels of lead, posing a risk of poisoning to young children. Incidents/injuries: The firm received one report of a child who swallowed the necklace's pendant, which reportedly resulted in high lead levels in her blood.

Description: The necklaces consist of a 10-inch black cord with a 7/8- inch-diameter gray metal pendant. The metal pendant has assorted symbols on one side.

Sold from: Vending machines in malls, discount department and grocery stores nationwide from March 2002 through April 2003 for about 50 cents.

Manufactured in: India.

Remedy: Consumers should contact the company for instructions on how to get a refund. Consumer contact: Call L.M. Becker and Co. Inc. at (888) 869-6569 between 8:30 a.m. and 4:30 p.m. CT Monday through Friday, or go to the firm's Web site at www.toynjoy.com.

Name of product: "Sandy Claws" **Swim Trainers.**

Units: 3,400.

Distributor: Swimways Corp., of Virginia Beach, Va.

Hazard: The nylon body strap on the swim trainer can detach or tear from the flotation device and release a child into water, posing a serious drowning hazard to young children Incidents/injuries: There have been seven reports of the body straps detaching and two reports of the seams

Description: The recalled "Sandy Claws" Swim Trainer is a red and yellow colored fabric crab with eight stuffed legs and two eyes covering a styrofoam buoyancy float. Black straps are attached to the side seams to fasten around a child. Printed on the underside of the crab float are the words, "Swim Ways" and "CAUTION: This is not a lifesaving device. Do not leave child unattended while in use.".

Sold at: Specialty pool and toy stories nationwide and Internet retailers sold the flotation devices from January 2003 through July 2003 for about \$12.

Manufactured in: China.

Remedy: Consumers should stop using the swim trainers immediately and return them to the company for a full refund. Swimways will provide consumers with a self-addressed envelope to return the prod-

Consumer contact: Consumers should contact Swimways at (800) 889-7946 between 9 a.m. and 5 p.m. ET Monday through Friday or visit the company's Web site at www.swimways.com.

Name of product: Summit Gas Grills.

Units: 43,000 Vieluxe Gas Grills 1,450. Manufacturer/Distributor: Stephen Products Co., of Palatine, Ill.

Hazard: The glass cover and components on the grill's thermometer can break, posing a risk of injury to the user or those near-

Incidents/injuries: The company has received three reports of thermometers

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stainless steel and have model numbers 5210001, 5310001, 5220001, 5320001, 5230001, 5330001, 5260001, 5360001, 5270001, 5370001, 5290001, and 5390001, with serial numbers beginning with the letters DT. The model and serial number is located on the outside right panel of the storage cart. The Summit grills are sold as either a four-burner Silver series or sixburner Gold series The private labeled Vieluxe Gas Grills have model numbers 360201, 360102, 370201, 370102 and 370299, with serial numbers beginning with the letters DA, DU, and DT. The model and serial number is located inside of the side access door on the right side of the

The grills are sold as either a four-burner 44-inch model or a six-burner 56-inch model, are made of high-grade stainless steel, and are equipped with a rear-mounted infrared burner and rotisserie device. Weber grills with a brand name other than Vieluxe or Summit are not included in this recall.

Manufactured in: United States.

Sold at: Hardware, home improvement and appliance stores and specialty dealers nationwide sold the Summit from August 2002 through August 2003 for between \$900 and \$1,700 and the Vieluxe from January 2001 through July 2003 for between \$4,000 and \$6,000.

Remedy: Contact Weber-Stephen to receive a free replacement thermometer.

Consumers should not use the grill until the replacement thermometer has been installed in accordance with the instruc-

Consumer contact: Call Weber-Stephen toll-free at (866) 249-3237 between 9 a.m. and 5 p.m. CT Monday through Friday or visit the firm's Web site at www.weber.com.

Media contact: Nancy Misch, Weber-Stephen, at (847) 202-2773.

Name of product: "OnQ" Telephone **Line-Sharing Devices.**

Units: 3.000.

Manufacturer: OnQ Technologies, of Middletown, Pa.

Hazard: A security system connected to this device could be prevented from notifying emergency personnel of a hazard. The delay could cause consumers to suffer injuries. Incidents/injuries: None report-

Description: The recalled units are labeled "OnQ" and "1x8 ENHANCED TELECOM w/SURGE." The devices are professionally installed as part of a telephone line-sharing system in homes. One of the slots on the device is labeled, "SECU-RITY." The security line should get priority in an emergency. Part number 364551-01, written on the product label, and a date code (DC) of "2303" (meaning the 23rd week of 2003) or earlier are included in the recall. The date code is located on the edge of the device, above the mounting tabs.

Sold at: Distributors of electrical devices and sold by professional installers nationwide and in Canada between November 2002 and June 2003 for about \$80.

Manufactured in: U.S.A.

Remedy: Consumers should contact OnQ to receive free replacement of the telephone line-sharing device.

Consumer contact: Call OnQ at (800) 321-2343 between 8 a.m. and 7 p.m ET Monday through Friday, or go to the firm's Web site at www.onqtech.com.

Name of product: "Sun Kids" and "Happy Baby" Baby Walkers Units:

Manufacturer: SunTech Enterprises Inc., City of Commerce, Calif.

Hazard: The walkers will fit through a standard doorway and are not designed to stop at the edge of a step. Babies using these walkers can be seriously injured or killed if they fall down stairs Incidents/injuries: No injuries have been reported relating to these walkers.

Description: The recalled baby walkers are made with a plastic frame supported by six or eight wheels on the bottom. The walkers are blue, pink or bright green with a padded seat and an activity tray. "SUN KIDS" or "HAPPY BABY" labels appear on some of the walkers.

Sold at: Small retailers and flea markets in Texas and California sold the walkers from November 2002 through April 2003 for between \$15 and \$25. Manufactured in:

Remedy: Return to the store where purchased or contact the firm to receive a refund.

Consumer contact: SunTech Enterprises Inc. at (866) 992-5766 between 8 a.m. and 5 p.m. PT Monday through Friday.

Name of product: Easter Oil Lamps **Sold at Target Stores.**

Units: 500 Manufacturer: DesignPac Inc., of Northlake, Ill.

Hazard: The oil lamp can tip over easily, posing a fire hazard.

Incidents/injuries: None reported.

Description: These lamps are oval glass bottles with purple or pink dots. They are filled with blue or pink liquid paraffin. The lamps were sold with bunny-shaped tags identifying them as "hoppy go lucky" oil lamps. Item number 054-03-1843 or 054-03-1844 is printed on the tag Some of the lamps were sold with round metal disks meant to prevent the lamps from tip-

Sold at: Target stores nationwide from February 2003 through March 2003 for about \$10. Manufactured in: China.

Remedy: Return the oil lamp sets to any Target store for a refund.

Consumer contact: For information, call Target toll-free at (800) 440-0680 Monday Friday between 7 a.m. and 6:00 p.m. CST or visit www.target.com. on the Web.

breaking, resulting in one injury. splitting, though no injuries have been Description: The Summit Gas Grills are \$ CLOSEST TO YOU \$ NEED MONEY? Money grows on trees at ABLE PAWN SHOP **New Location** 1532 Belvidere Rd. Waukegan Toll Free 1-800-640-7296 60 Day Renewable Loans on Anything of Value OPEN MON. THRU SAT. 10am

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Great Lakes Youth Center Bldg. 2600

Great Lakes, Kid's World-Glenview and Sheridan Youth and Family Activities (YFA) serves the housing communities of Great Lakes, Sheridan and Glenview. The Great Lakes Youth Center and Gym (GLYC) is located in Forrestal Village, Bldg. 2600, 688-5573. The Sheridan Youth Center (SYC) is located in Bldg. 369, 688-7169. Kid's World (KW)-Glenview is located in Bldg. 2101, 832-9580. The following activities are open to military/DoD families and their guests. Center membership is free for military family members. Guests may be admitted with a sponsor for an additional fee. Call for details.

Ongoing programs

The Great Lakes Youth Center provides a variety of programs for toddlers and their parents: Wee Talk N' Sing (signing for communication), Music In The Box, Mark Miller's Munchkin Sports and Coach Willie's Sports Center.

These classes provide toddlers with comprehensive musical, visual, physical and social development. Best of all, these classes provide quality family time and positive interaction between toddlers and their parents.

Arts and crafts workshops

Get creative every Wednesday at 5 p.m. with free Arts and Crafts Workshops, open to youth of all ages. The workshop size is limited to 15 participants, so arrive early to reserve your spot.

Tae kwon do classes

Tae kwon do classes are offered on a monthly basis every Tuesday and Thursday evening. The classes are offered to all ages 5 and older. The costs of the classes are \$16 for four classes and \$32 for eight.

Roller-skating

Enjoy an evening of roller-skating with your friends at the Great Lakes Youth Center. Roller skating is held every Friday and Saturday night from 6:30-9:30 p.m. The cost to roller-skate is \$3 per child. Roller-skates are available for rent for an additional \$2 fee. All skaters must present a military I.D., and sponsored guests must have a picture ID.

Balloon deliveries

Surprise your friends, co-workers, or loved ones by sending them balloons. We have them for all the special occasions,

birthday, or holiday. Basic Balloon deliveries includes one 18" Mylar helium balloon with personal message card attached to a bag of colorful candy. Deliveries are made Monday-Friday from 10 a.m. to 3 p.m. to NTC, RTC, and Great Lakes housing. Order in person at the Youth and Family Center, Bldg. 2600 on Pennsylvania Ave., Forrestal Housing. 24-hour advance notice is required for delivery.

Playgroup

Looking to meet new people and have your child make new friends? The Great Lakes Youth Center has a playgroup that meets on Monday and Wednesday mornings from 10-12 in the Fun Zone area. Ages infant to 5 years old. Cost is \$2 per child.

Birthday parties

Looking for a great place to have a birthday party? Call the Great Lakes Youth Center 688-5573 for more information.

Hungry?

Did you know the Youth Center sells tasty snacks? Burritos, hot-pockets and more are available.

Computer room

The computer room is now open, providing youth the opportunity to write papers, work on homework, surf the net, email friends and/or play video games. All games are suitable for children of all ages. For those youth age 17 and under who would like to surf the net, a parent or guardian must fill out a permission slip. The computer room is open from Monday through Saturday.

Monday night at the movies

Tired of paying \$8-10 to see a movie? Then stop by the Youth Center on Mondays to enjoy current movies at no charge, and free popcorn. Movies are played on our state-of-the-art 8-mm projection screen. All movies begin at 4:30 p.m. and end around 6

Classes

Openings for Dance, Tumbling and Ballet Class are still available.

Preschool Dance and Tumbling 1 is available for children ages 3-4 on Monday from 5:10 - 6 p.m., and costs \$32. Dance and Tumbling II is available for ages 5-6 on Monday from 6-6:50 p.m. at a cost of \$32. Ballet and Tap Combo is available for children ages 6 and up on Monday from 6:50-7:40 p.m. at a cost of \$32.

There must be a minimum of seven participants per class or the classes could be combined. Maximum of 15 participants per

Youth Center 'sign' class is helping babies 'talk'

Using sign language to express their needs cuts down on frustration for hearing infants and for their parents as well.

"Milk," "more," and "eat," are the early signs taught in "Weetalk 'n Sing" a new Great Lakes Youth Center class to be held Oct. 1- Nov. 12 (with no class on Oct. 15). The first six-week session takes place for caregivers and tots on Wednesdays from 9:45 to 10:15 a.m.

Infants, from seven to 24 months, are taught to talk with their hands during the class which focuses on singing songs, playing games, and blowing bubbles.

We teach parents to say the word along with the sign," explained Susy Grayson, who began by teaching classes at the Libertyville Park District with two friends. They made up their own curriculum and Grayson took a sign language class.

In sixth grade she became fascinated with signing when visitors came to the classroom and performed the alphabet and a Muppet song in sign. And in the early '90s, Grayson viewed a clip on TV about babies signing before they can speak.

"Children really do learn it," she said, adding that it often depends on the parents and how conscientious they are about doing

"You just make it a part of your everyday life," Grayson said.

"It's meant to make life easier. It's amazing to me how clearly a child can communicate through signing," she said. "It completely reduces frustration.

months because parents might get discouraged if they don't have success at that early

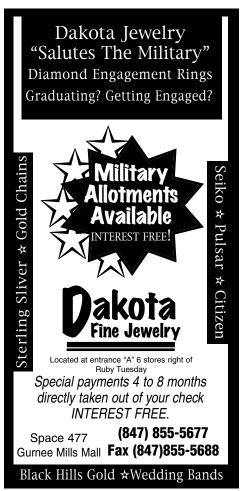
"book," "shoes," toilet," "sleepy," mommy," "daddy," "sister" - are taught.

son James, almost 2-1/2 learned signing when they were infants, emphasized that this method does not slow up a child's speaking: "It's considered another language," she said. "It gets their brain activat-

Lakes Youth Center program, call Grayson at (847) 977-9796.







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GOOD YEAR

Bamian dining facility employs Afghan women

By SGT. STEPHANIE HALL Special to the AFPS

BAMIAN, Afghanistan — A U.S. Army provincial reconstruction team, or PRT, sprinkled a dash of Western ideas over a culture flavored with iron-clad traditions when it hired two Afghan women to help at the PRT dining facility here.

The Bamian PRT civil affairs team first brought up the idea to hire Sakina Esmaelie and Aamana Haidari, a mother-and-daughter team, to show the local people "that women can work outside the home in professional capacities," said Lt. Col. Mark T. Schnur, Bamian PRT commander with the Coalition Joint Civil Military Operations Task Force. He said the CA team wanted to get across the message that "while it's very unusual in this culture for [women] to hold paying jobs, it's not necessarily a bad thing"

When the two women were first hired, "there was some initial, slight resistance from the local community," said Schnur.

Rumors spread throughout the local village that "we were hiring them for services other than cooking," he added.

To counteract those rumors, the PRT sent out a team to conduct an information campaign.

"Since we have a constant presence in the community, we quickly heard (the rumors), and quickly again moved to counteract them," said Schnur. "We had psychological operations soldiers who are very skilled at getting messages out by going out and mingling in the community, talking with people, and [they] brought this up in a tactful, sensitive way, saying that in our culture, we routinely hire men and women to do the same job with same pay," said Schnur.

The PSYOPS teams dispelled the rumors before they reached the women, so neither was ever touched by them. "I'm just happy to be working here," said Esmaelie, the mother, through an interpreter.

She said she is originally from a small town called Shaydan within the Bamian province, but when the Russians flooded Afghanistan, she fled to Iran in 1979. She didn't return to Afghanistan with her daughter until after the U.S. and coalition forces ousted the Taliban, she said through an interpreter.

Before working at the dining facility, Esmaelie worked for a United Nations element as a cook as well, but then she was offered the opportunity to work at the Bamian PRT, where she and her daughter could both have a job.

"I just came in, I gave them my application and asked for a job, and [the Bamian PRT] gave me a job," said Esmaelie through an interpreter. "I'm so happy."

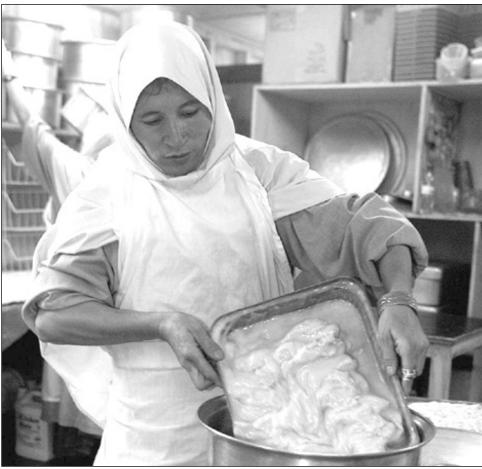
Spc. Andrew L. Mattice, a cook with the Division Support Command,

[http://www.drum.army.mil/divstaff/discom/DISCOM_HOME_ PAGE.htm] 10th Mountain Division, said the two women are harder workers than most of the soldiers he's worked with. "They have such a strong work ethic, and they're in the zone" when it comes to their job, said Mattice.

Recently, the Bamian PRT also hired Haidari's husband so "that it was more of a family thing, and also to continue to counteract the perception that we're using them for [reasons] other than cooking," said Schnur.

So far the situation has been successful, said Schnur. "They've learned some English, and they've learned more cooking skills."

Esmaelie said through an interpreter that she and her daughter are happy to work with U.S. and coalition forces because "I'm right there in the mix of the soldiers, and they treat [us] so well."



Sakina Esmaelie, an Afghan woman from Bamian, was hired by the Army's Bamian provisional reconstruction team to help out with daily dining facility preparations. *Photo by Sqt. Stephanie Hall, USA.*



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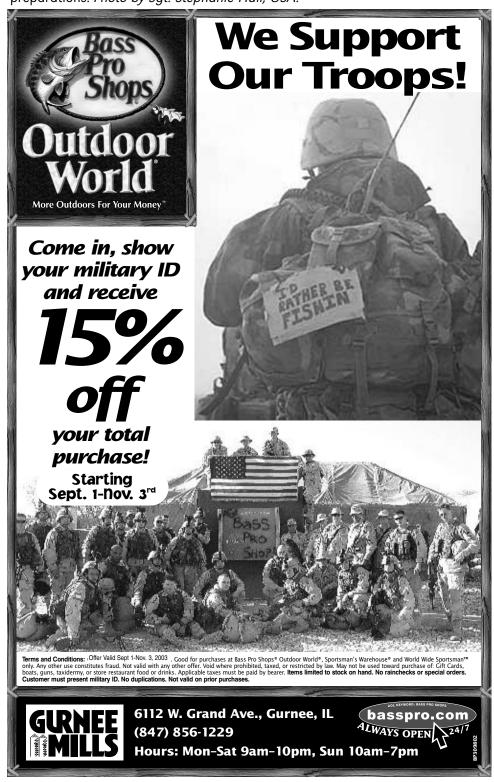
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Quilt display honors victims and heroes of 9-11 attacks

By GERRY J. GILMORE **American Forces Press Service**

WASHINGTON - A colorful collection of quilted cloth now on display at Arlington National Cemetery illustrates that the victims and heroes of 9-11 won't be forgotten, Deputy Defense Secretary Paul D. Wolfowitz noted

"This is close to the anniversary of a very special day that I think Americans and the whole world will remember for the rest of our lives," the deputy defense secretary remarked at the Women in Military Service for America memorial building at the

cemetery. Wolfowitz was the

keynote speaker at a ceremony highlighting the collection or more than 100 memorial quilts that will be displayed inside the WIMSA building until the end of the year.

June Forte, curator of the 9-11 quilt collection, said DoD has received quilts made by school children and adults from across the country and overseas honoring the sacrifice of those killed

and wounded in the Sept. 11, 2001, terror attacks on the United States, as well as the exploits of police, fire and rescue workers that

The quilt collection, Forte said, previously has been on public display in California and Massachusetts.

Wolfowitz said the quilts represent "marvelous work" that perpetuates the memory of the sacrifices of 9-11 victims and heroes.

"I think the quilts illustrate how profoundly the American people — and people all over the world — were moved by the attacks of Sept. 11," Wolfowitz said.

After the attacks, he continued, "people came together in this traditional art form to share their grief, to express sympathy for victims and their families, and to show their unity and resolve."

Two years after a hijacked airliner crashed into the Pentagon killing 184 people, DoD's headquarters "has been repaired in record time," Wolfowitz said, noting that the war against global terrorist goes on.

Wolfowitz emphasized that Americans must never lose sight of what the anti-terror war is all about, pointing to the terrorists' 9-11 acts "of mass murder" of innocent victims.

America's military men and women, he remarked, are today deployed in Afghanistan, Iraq and other far-flung locales in the fight against terrorism.

"Those service members and their families know what's at stake" in the global war against terrorism, Wolfowitz noted, saluting U.S. and coalition military successes against al Qaeda and the Taliban in Afghanistan, and the removal of Saddam Hussein's brutal regime in

I think the quilts illustrate

how profoundly the

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Sept. 11.'

Paul D. Wolfowitz

Deputy Defense Secretary

Iraq.

Saddam invaded his neighbors and used weapons of mass destruction against his own people, pointed Wolfowitz out, noting that during his two decades of rule in Iraq, Saddam likely killed a million innocent human beings.

And, the deputy defense secretary said, Saddam "harbored, encouraged rewarded terrorists."

America is prepared to lead the fight against global terrorism, which Wolfowitz said "is far from over."

"The battle for the peace in Iraq is now the central front in the war on terror," the deputy defense secretary maintained. He noted that U.S. and coalition objectives in Iraq involve destroying the terrorists, enlisting international support for a free Iraq, and assisting the Iraqi people to assume responsibility for their own defense and future.

Wolfowitz then praised the extraordinary efforts of U.S. troops fighting terrorism in Afghanistan, Iraq and elsewhere in the world.

"Those troops need our support," he said. "They need to know their countrymen and women appreciate what they're doing, the sacrifices they are making," Wolfowitz empha-

American troops are heroes, Wolfowitz said, noting he and the public are grateful for their service in the anti-terror war.

After his remarks, Wolfowitz joined Forte for a tour of the display.



Deputy Defense Secretary Paul D. Wolfowitz and June Forte, curator of the Pentagon's 9-11 Memorial Quilt Collection, examine a quilt at the Women in Military Service for America memorial building at Arlington National Cemetery Sept. 9. More than 100 quilts are on display there until the end of the year. Photo by Gerry J. Gilmore



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Great Lakes assists Abbott Laboratories in spill exercise

The Great Lakes Environmental Office participated recently in a very successful oil spill exercise with Abbott Laboratories. During the exercise Great Lakes responded in support of a Mutual Aid Box Alarm System (MABAS) call to the Naval Station Fire Department. Abbott simulated a loss of 40 gallons of mineral oil that discharged to the lake via a storm sewer discharge. Abbott provided initial response to the spill and called the Navy to request on-water booming and recovery.

The Navy provides spill response to the community via MABAS or a memorandum of understanding, or in response to support requests from the U.S. EPA or U.S. Coast Guard. Any actual response would require reimbursement for the response effort in terms of labor and materials.

Great Lakes' technical spill staff was onscene within 10 minutes and the Navy spill response boats were on-scene within 20

minutes. One hundred feet of containment boom was placed across the spill discharge location and open water skimming was performed using the Kvichak Rapid Response Skimmer and Utility Boat in a J-Leg boom collection configuration. On-site response actions were completed within one hour.

Abbott Laboratories Spill Drill Coordinator, Jeff Smith, stated "We (Abbott) learned a lot about our capabilities. The drill would not have been a success without the Navy's participation. Please extend my personal appreciation as well as Abbott's appreciation to all the Navy personnel who participated in the spill drill."

Response Team members included Mark Blayne Schultz. Kirsch, VanBendegom, Bill Busko, Kelly Devereaux, Mark Hoyer, Luigi Abbate, Norm Lucas, Charlie Kendall, and Brian Eastman of the Environmental Department, Tim John of the Maintenance Department, and Fire Chief D. Biondi.

This response drill was completed only two days after successfully supporting a USEPA Region 7, USCG, and State of Missouri at Cape Girardeau spill exercise on Sept. 6. That exercise was in response to a simulated loss of 10,000 gallons of crude oil from a pipeline that crosses the Mississippi River. The mission was to place a deflection boom in the Miscopy River to direct oil to a Vessel of Opportunity Skimming System (VOSS) that was set up on an Army Corps of Engineer's buoy ten-

Response Team members agreed that they learned many lessons and gained much experience in working on the mighty Mississippi River. They also said they appreciated support and safe storage of boats and equipment each night, provided by the Navy Reserve Center in Cape

Soldiers raid IED workshop

WASHINGTON — Soldiers from the 4th Infantry Division's 1-22 Infantry Battalion raided two workshops used to make improvised explosive devices in Tikrit, Iraq, U.S. Central Command officials reported in a recent news release.

Acting on tips from local informants, the soldiers detained five Iraqi men suspected of building IEDs, and confiscated weapons and ammunition, plastic explosives and dynamite, a variety of other equipment, cash, and military uniforms and training manuals.

In another Sept. 11 news release, CENT-COM officials reported that soldiers of the 4th Infantry Division graduated their first class of Iraqi Civil Defense Force trainees in Tikrit Sept. 6. The 32 men will work with coalition forces to provide security in Iraqi

In the three-week program, the graduates were trained in manning traffic- control points, conducting raids and keeping Tikrit safe from insurgents, CENTCOM officials

September is National **Food Safety Month**

Each holiday season and other times that families gather for the huge undertaking of manufacturing food in bulk, they concentrate on the following: cook meat thoroughly, do not cross contaminate, and keep potentially hazardous foods out of the "temperature danger zone." These practices are critical to ensuring safe food. Here's one that hasn't been addressed recently - hand-

A major cause of foodborne illness is the lack of proper handwashing. Unclean hands contaminate food. Even when hands appear clean to the naked eye, they may be covered in microorganisms that can cause illness that may result in lost work or school time, increased medical expenses, or even death.

When should people wash their hands?

- · Before eating.
- Before handling, preparing, or serving
- Before handling clean utensils or dish-

- After using the restroom.
- After touching the face, cuts, or sores.
- After smoking, eating, or drinking.
- · After handling raw meat especially
- After touching unclean surfaces or soiled items.

What's the best way to wash hands?

- Wet hands and apply liquid or clean bar soap. Place bar soap on a rack and allow it to drain.
- · Rub hands vigorously together and scrub all surfaces.
- Continue for 15 20 seconds. The soap combined with the scrubbing action helps to dislodge and remove germs.
 - Rinse hands well.
- Dry hands with a clean towel, a single use towel, or other sanitary hand drying

Combine all safe food handling practices to ensure that the food people consume is safe for everyone.



Great Lakes' spill response boats place a containment boom across the spill discharge area located on Lake Michigan. Photo courtesy Facilities Team Great Lakes

Railroad bridge near RTC in place

Over last weekend the Elgin Joliet and Eastern (EJ&E) railroad bridge - near Recruit Training Command - was set and operational on schedule. Excavation of soil has started that will make way for a roadway, sidewalk, and

All of the caisson and concrete support structure had previously been set in place. After the last train ran Friday morning, the crews began excavation to expose the concrete structure. Steel workers worked through wet conditions and performed this dangerous evolution with every regard for safety, and had no incidents, according to railroad representatives.

The structural requirements were complete by 6:30 p.m. on Saturday evening. Sunday morning the crews from EJ&E were onboard to install new ballast (gravel) and tracks.

Trains resumed their normal schedules Monday morning and excavation under the bridge is underway.



Zee-Bees pay tribute to 9/11
Zion-Benton Township High School paid tribute with a remembrance of the victims in the 9-11 tragedy. Senior members of the NJROTC, including (from left) Stephanie Banak, Audrey Oberdick, Jessica Gross, Erick Poulsen, Matt Karner, Hunter Beesch, and recited the Pledge of Allegiance and gave an inspiring message to the student body including a moment of silence. At the conclusion of the program, students Beesch, Karner and Poulsen played the bagpipes through the halls as the students and staff remembered the victims of September 11, 2001. Photo courtesy Zion-Benton Township High School



While a crane is readied to hoist a section of the EJ&E railroad bridge near Recruit Training Command, engineers study the plans to make sure everything is ready for the next portion of bridge construction. Photo courtesy Public Works Center-Engineering Field Activity

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JEEPERS CREEPERS 2(R

MATCHSTICK MEN (PG-13) [12:30 2:45] 5:10 7:35 10:00

LEGALLY BLONDE 2 (PG-13 [1:00 3:00 5:15*] 7:25

ONCE UPON A TIME IN MEXICO (R)

[12:45 1:30 3:00] 3:45 5:15 6:00 7:25 8:15 9:45 10:30*

PIRATES OF THE CARIBBEAN (PG-13) [1:00 3:50] 6:50 9:40

SEABISCUIT (PG-13) [12:45] 4:00 6:45 9:40

THE MEDALLION (PG-13)

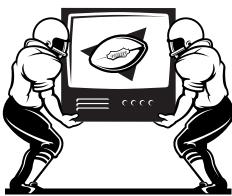
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28 DAYS LATER (R) [12:45 5:05*] 7:15

Many activities planned for Loft patrons this month

The Loft is located on the third floor of Bldg. 2A. The Loft is always alcohol and smoke free. It is open Sunday - Thursday and holidays from 9 a.m. - 10 p.m. and Friday and Saturday from 9 a.m. - midnight. Admission is free unless otherwise noted for age 17 and up. Dependents and DoD employees are eligible, if space permits, on the day of the event. Register for Loft trips during operating hours. For additional information, call 688 - 2219/2214.



Mondays - NFL Action. Calling all football fans. Cheer on your favorite football team on the Loft's "Big Screen" television every Monday night. Plus, free catered food and fun giveaways are all apart of NFL Action at the

Tuesdays - Self Defense Classes. Learn techniques to defend yourself - based on martial arts practices. Class times and locations will be posted at the Loft.

Wednesdays – 8-Ball Tourneys or 9-Ball Pool Tourneys. The Tournaments rotate every other Wednesday. It's free to enter, but limited



to the first 50 players. Sign-ups start at 5 p.m. The Tourney kicks off at 6:15 p.m. Prizes are awarded to first and second place winners.

Thursdays - Thursday Night Trivia Game Show. Get involved in the Thursday Night Game Show madness. Win great prizes by playing in this exciting three contestant game show. Trivia categories include movies, television, sports and music. The Game Show may travel to other base locations, so check with Loft staff to find the exact week's location. Sponsored by American Capital.

Thursday - Barrack's Bash, Sept. 11. This month, the Barracks Bash will be held at Boorda Hall with free barbeque, volleyball, inflatable games, the trivia game show and a D.J., spinning some tunes.

Here are the highlights on the calen-

Sept. 19 - Ping Pong Tourney. It is free to play. Participants may start signing up for the Tournament at 5 p.m. The Tourney starts at 6:15 p.m., sharp. Prizes will be awarded to the first and second place finishers.

Sept. 20 - Dart Tournament. It is free to play. Participants may start signing up for the Tournament at 5 p.m. The Tourney starts at 6:15 p.m., sharp. Prizes will be awarded to the first and second place finishers.

Sept. 21 - Brewers vs. Diamondbacks Baseball Game Trip. Sit back and enjoy this all American sport when the Brewers challenge the "D'Backs." The cost is \$18 for admission and transportation.

Sept. 26 - Late Nite at the Loft. Not tired, yet? The Loft is open after hours from midnight to 2:30 a.m. "Late Niters" will enjoy giveaways, pool and Karaoke contests for prizes and

Sept. 27 - Volo Car Museum. If you enjoy cars, check out the Volo Car Museum which features all types of cars from antique cars to famous cars like the "Batmobile". The cost is \$12 for admission and transportation.

Sept. 28 - Casino Night. Get ready for an exciting evening of craps, roulette, blackjack and more at Casino Night. Tickets are \$5, which includes \$500 in play money. An auction for fabulous prizes will take place at the end of the night including game systems and TV's. This event is sponsored by American Capital

Get cats and dogs identified with a chip

The Great Lakes Veterinary Treatment Facility is one among many military facilities where "micro-chipping" is available to pet owners, and is required for those who own dogs in housing.

The clinic has been implanting the small microchip-based identification; using a vaccination like method, as a service to the Great Lakes Community pet owners. The technology gives the pet a chance to be reunited with his family. The cost is currently \$15 for the implantation.

The electronic identification tags are about the size of a grain of rice. They are inserted under the animal's skin using a syringe, without the use of anesthesia. The tags have been programmed with an identification number that can be read by a scanning device when it is passed over the implant area.

The chip itself requires no power source. The identification number is tied into a computer database that provides a permanent link between the animal and its owner.

This identification procedure was originally intended for the companion animal market. Since Avid began to market this product, the San Diego Zoo, the U.S. Fisheries Department, and most military installations have adopted the sys-

The system provides a means by which "an animal can be identified as an individual for the rest of his life." The device is a great help to most animal shelters.

For more information on microchipping, call the Great Lakes Veterinary Treatment Facility at 688-5740.







National POW/MIA Recognition Day is today

By K.L. VANTRAN American Forces Press Service

WASHINGTON — The remains of nine U.S. Navy crewmembers, missing in action from the Vietnam War, were laid to rest in Arlington National Cemetery in June.

That final action brought closure to their status 35 years after their plane's disappearance over Laos.

"If we send men and women into harm's way, we have an obligation to do everything in our power to account for them," Deputy Assistant Secretary of Defense for Prisoner of War/Missing Personnel Affairs Jerry D. Jennings said here Sept. 15. "That means if they're POWs, to rescue and return them; if they've died in combat and are missing, to locate and return their remains with honor

- return them to their family and loved

More than 600 U.S. specialists work every day around the world to locate and identify the more than 88,000 Americans still missing from World War II, the Korean War, the Cold War, the Vietnam War and the 1991 Gulf War. The remains of more than 700 Americans who were missing as a result of the Vietnam War have been identified.

Sept. 19 is National POW/MIA Recognition Day, a time that should be in the forefront of everyone's minds, said Jennings.

"It's the one day of the year when we honor those who fought and died or who are missing, those that may still be POWs, and those we have yet to recover from around the world (from) all wars since World War II," he added.

The work of Jennings' office, however, continues year-round. There are teams in North Korea, Russia, Vietnam, China, Papua New Guinea and Cambodia.

"Cambodia is extremely cooperative. We have a free hand to look anywhere in that country we want to for remains," said the former Marine who served as an intelligence officer with the CIA in Southeast Asia from 1965 to 1968. "We have people conducting recovery operations in North Korea. We don't take a high profile, but we're there."

Jennings said his office receives thousands of leads. "If someone thinks they've spotted an American in North Korea, Vietnam or Cambodia, we follow up until we can say, 'No, it was not an American," he said.

"We believe there is a possibility that POWs have survived in these wars (Korea and Vietnam) and could be held against their will," he added. "As long as we continue to get leads, we'll continue to follow up."

Jennings also is a commissioner on the U.S.-Russian Joint Commission on POW/MIAs, which seeks to clarify the fates of American and Russian service members from conflicts since World War II.

Earlier this month, Jennings passed documents to the Russians that clarified the fates of 202 Soviet servicemen from the Korean War.

American researchers working in Russian and American archives had located

the information, according to a Department of Defense news release.

Every month, staff from the Defense POW/Missing Personnel Office set up shop in a major U.S. city. Families who have missing loved ones are invited for updates on what "their government is doing to work their cases," said Jennings.

Jennings said the people who work in his office are there because they want to be. "It's a mission of the heart," he added. "It's a mission where there's a lot of emotion involved. Few people could survive working this mission unless they really believed in it."

The 2003 POW/MIA Recognition Day poster reflects on the past as well as the present, noted Jennings at the unveiling of the poster June 26.

The somber, black POW/MIA flag — a national symbol — is a firm reminder of those still missing and of their families who have waited decades for answers, Jennings said

The words "You are not forgotten" on the bottom of the flag remind us of their sacrifice for our freedom, Jennings added.

The rippling red, white and blue banner, so clear and so proud through the smoke of battle, said Jennings, leads American warriors forward toward "freedom" for oppressed peoples, who know the word only because it means "America."

"Freedom" lies in the hearts of the people of the entire nation," Jennings added. "It lies in the ideas so richly American, and it rests on the shoulders of those who we honor on this special day."

Great Lakes continues to be a great place to make Chief

By JOC RHONDA BURKEGreat Lakes Public Affairs Office

Sailors serving at Great Lakes continue to be selected for promotion to chief petty officer at a higher rate than their Navy counterparts. While Navy wide 22.6 percent of eligible candidates were selected for promotion, 34.4 percent of eligible candidates serving at Recruit Training Command (RTC) and 25.5 percent serving Training Support Center (TSC) Great Lakes were selected for advancement.

On Sept. 16, 127 Sailors serving at Naval Station, Great Lakes were pinned with their anchors. Of those, 100 are serving in billets at Recruit Training Command or Training Support Center. The other 27 candidates include six assigned to Naval Hospital Corps School, eight serving at Naval Hospital Great Lakes, three at Transient Personnel Unit, with the remaining serving in various support positions such as Naval Station, Naval Dental Center, CBU-401, Reserve Readiness Command Region Midwest and Administration of Reserves (TAR) billets.

"Selection for advancement to chief petty officer is based not on what you have accomplished but on the potential an individual shows for leadership," FORCM Greg Pratt of Naval Education and Training Command (NETC) told this year's CPO selectees. "Sailors serving at Great Lakes have an unique opportunity for leadership and the board recognizes that committed to building the future of our Navy."

The advancement rate for eligible candidates serving at Recruit Training Command was 34.4 percent. Recruit Training Command pinned 65 chiefs this year, of those 57 serve as Recruit Division Commanders. At Training Support Center the advancement rate was 25.5 percent, 43 new chiefs were pinned there.

Last year, 39.9 percent of Sailors serving at Recruit Training Command and 30.73 percent of Sailors assigned to Training Support Center, who were eligible for chief, were advanced. That compared to a Navywide average of 27.7 percent.

In 2001, 140 Sailors assigned as instructors and recruit division commanders advanced to chief petty officer while serving at Great Lakes. That was a 39 percent advancement rate compared to a 28.8 percent advancement rate Navy wide.



HMC Mark E. Degeldere is piped aboard the Chief's Mess after being pinned to chief petty officer in a cermonies on Ross Field, Tuesday. Great Lakes boasts a higher than average promotion to chief petty officer. *Photo by JOC Rhonda Burke*



The 2003 POW/MIA Recognition Day poster reflects on the past as well as the present, noted Jennings at the unveiling of the poster June 26. The somber, black POW/MIA flag — a national symbol — is a firm reminder of those still missing and of their families who have waited decades for answers, Jennings said. The words "You are not forgotten" on the bottom of the flag remind us of their sacrifice for our freedom, Jennings added. The rippling red, white and blue banner, so clear and so proud through the smoke of battle, said Jennings, leads American warriors forward toward "freedom" for oppressed peoples, who know the word only because it means "America." More than 600 U.S. specialists work every day around the world to locate and identify the more than 88,000 Americans still missing from World War II, the Korean War, the Cold War, the Vietnam War and the 1991 Gulf War. The remains of more than 700 Americans who were missing as a result of the Vietnam War have been identified. Sept. 19 is National POW/MIA Recognition Day.

CROSSWORD

ACROSS

- 1. Military quarters
- 5. Organist
- 9. The intrigue
- _ and out!"
- 15. Mollusk genus _ Walker, "The
- Color Purple"
- __schino cherry
- 18. Entranceway
- 19. Move sideways
- 20. Spartan sch.
- 23. Chemical compound
- 24. Push forcefully
- 25. Old World, new
- 27. Winged fruit 32. Capital of Bangladesh
- 36. Wood sorrels
- 39. Old Irish alphabet
- 40. Clinton school
- 43. Friends (French)
- 44. A domed or vaulted
- 45. Green regions of desert
- 46. A long, noosed rope
- 48. Sino-Soviet block (abbr.)
- 50. Mailman's cereal brand?
- 53. Containerful
- 58. New Haven's college 62. Alan _____, U.S. folklorist
- 63. Spirited self-assurance
- 64. Small integers 65. Past (archaic)
- 66. Passage
- 67. A unit of area
- 68. Baked goods
- 69. Lairs
- 70. Spoken

- 38. Expert flyers
- 41. Armadillo
- 42. About lobe
- 47. Celestial points
- 49. Smells
- 51. Samuel Jackson _____, U.S. golfer 52. Diacritical mark
- 54. Muscle
- 55. Ranch (Spanish)
- 56. Many wombs
- 57. Caused cell destruction
- 58. A Hindu exercise
- 59. Amuck (var.)
- 60. Lovers' street?
- 61. Futile
- tose, a sugar in milk

DOWN

- 1. Punctuation mark
- 2. To be of help
- 3. Doctors' manual
- 4. Prague (var.) 5. Australian parakeet
- 6. Buffalo
- 7. Descendants
- 8. Thicket (archaic)
- 9. Melon with a yellowish rind 10. Alight (var.)
- 11. To wait
- 12. Liberal rights organization
- 13. Filmed "Malcolm X"
- 21. Refers to end of small intestine
- 22. Torquato_ _, Italian poet l544-1595
- 26. Chicken's home
- 28. Sunfish
- 29. Grows older 30. Anger
- 31. Research labs
- 32. Reg. gram
- 33. Biblical Hamath 34. Ruler
- 35. Northeast China city
- 37. Nervous system (abbr.)

Answers

C	A	М	Р		В	A	С	Н		C	A	В	A	Ľ
14 O	v	Е	R		15 U	N	1	0		16 A	L	1	С	Е
17 M	А	R	А		18 D	0	0	R		19 S	1	D	L	Е
20 M	1	С	н	21 	G	А	N	s	22 T	А	т	Е	U	
23 A	L	к	А	L	1	1 T	24 S	т	А	В	1 T	1 T	1 T	
1 T	1 T	1 T	1 T	25 E	Е	26 C	1 T	1 T	27 S	А	28 M	29 A	30 R	31 A
32 D	33 H	34 A	35 K	А	1 T	36 O	37 C	38 A	s	¹ _T	39 O	G	Α	М
40 H	Α	М	1	L	41 T	0	N	С	0	42 L	L	Е	G	Е
43 A	М	1	s	1 T	44 A	Р	s	Е	1 T	45 O	А	s	Е	s
46 L	А	R	1	47 A	т	¹ T	1 T	48 S	⁴⁹ S	В	1 T	1 T	1 T	1 T
1 _T	1 T	1 T	1 T	50 P	0	51 S	52 T	1 T	53 C	А	54 P	55 F	56 U	57 L
1 T	58 Y	59 A	60 L	Е	U	N	1	61 V	Е	R	s	1	т	Υ
62 L	0	М	А	х	1 T	63 E	L	А	N	1 T	64 O	N	Е	s
65 A	G	0	N	Е		66 A	D	1	т		67 A	С	R	Е
68 C	А	к	Е	s		69 D	Е	N	s		70 S	А	1	D



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Myers praises troops at front lines of war on terrorism

By DONNA MILES

American Forces Press Service

WASHINGTON — Two years after terrorist attacks thrust the United States into a war on terrorism worldwide, the military's top officer said today the Pentagon needs to make deployments and tour lengths more predictable for the men and women at the front lines of that war.

"We haven't done a perfect job of this, and the families out there know that," Air Force Gen. Richard B. Myers told Armed Forces Radio and Television Service at the Pentagon. "In some cases, we've done very well, in some cases not so well," he said. "Our record is uneven, and we need to do better. And we will do better."

Myers' assessment, on the second anniversary of 9-11, came just days after thousands of Army National Guard and Reserve troops deployed in support of Operation Iraqi Freedom learned that they could potentially remain in the theater for up to 12 months. Army officials emphasized that although the policy is not new, some members of the reserve components had misunderstood it, believing that their one-year tours of duty would include trainup and redeployment time in the states.

"We want to tell people when they are going to be called up if they're in the reserves so they can work with their employers, work with their families, and get their situation squared away so they can

go serve," Myers told AFRTS.

While noting the need to add predictability to service members' lives, Myers emphasized the importance of their contributions "at this turning point in our history." He said the nation faces "a very, very dangerous threat that wants to do away with our way of life."

"The recent bin Laden tape affirms that what they really want to do is reduce

America to a shadow of its former self, or worse, and take with it the rest of the free world," Myers said. "And that's not going to happen. We're not going to let that happen."

Myers praised the progress U.S. and coalition forces are making in Iraq, but acknowledged that many challenges remain. "It is going to be tough. And the soldiers and other service members who are over there participating in this directly, they know how tough it is. It's hot, it's dirty, and sometimes it can be very unfriendly.

Despite these obstacles, Myers said the men and women in uniform have carried out every job they've been given "in a very dedicated, professional, and proud way." And as they do so, he said, "they are winning over the Iraqi people."

"We're not only the finest armed forces in the world, in terms of our ability to take the fight to the enemy," he said. "We can be very fierce when we need to be fierce, but we are also the most caring and compassionate force in the world. And we see that every day in Afghanistan, and we see that every day in Iraq."

Winning the war, Myers said, will take three things: patience, commitment and the will to win. "Our service members have all three of these things," he said. "I think we have the patience; we know this is going to be a long war, so we have to set ourselves in for that. It's going to require commitment, and you don't have to look very far in our armed forces to know that our folks are focused and committed.

"And third is, the will to win. And clearly all of our service men and women understand the stakes and have that will to win."

Myers said his trips to Southwest Asia to visit the troops reaffirm his confidence in that will to win. "They say that it's not a fun place to be, but that it's a very important mission," he said. "They have ultimate confidence in winning this war."

Got questions about TIRICAIRE? Call (800) 941-4501







The Great Lakes Fleet and Family **Support Center**

Bring your ID card

Users of all programs, classes and services in the Fleet and Family Support Center will be required to show their military identification card at the front desk each time they enter the building. Non-military personnel who may be visiting or conducting business in the FFSC will be required to show a picture ID. If you need special accommodations to participate in any FFSC program, please notify the listed point of contact.

Resume essentials

Essentials of Resumes and Interviewing will be offered on Wed. Sept. 17th from 11:30 a.m. until 1:00 p.m. at the FFSC. Bring your brown bag lunch to munch on during the workshop. Two additional sessions are scheduled for Oct. 8 from 11:30 a.m. - 1 p.m. (brown bag) and 3:30 - 5 p.m. Call Ext. 129 or 100 to sign up for this informational workshop that will boost resume writing knowledge and strengthen interviewing skills. Call Ext. 129 or 100. Applying for a federal job

Ten Steps to A Federal Job" will be offered according to the following schedule: For family members on Sept. 30, Oct. 29, and Nov. 4; for military members on Oct. 22 and Nov. 10. Classes are from 8:30 a.m.-4 p.m. in the FFSC. Call Ext. 129 or

Consumer classes

Financial Planning Worksheets - Oct. 7 -See how 'Putting it in writing" will give you a new awareness of your financial situation, as well as give you an approximate 10 percent pay raise. Learn how to distinguish between needs and wants for longterm financial fitness. Credit Use/Abuse-Oct. 21— Learn how to make the most of credit, when to use credit to your advantage, as well as learning when you are in the credit abuse cycle.

Consumer classes are held from 9-11:30 a.m. in Forrestal Village Chapel. Call Ext. 208 to register for classes

Financial education

Financial education services, including Command Financial Specialist (CFS) training, command briefs, and individual financial counseling, are available in the FFSC. Call 688-3603 Ext. 147 for CFS information. For individual financial counseling or to request a financial briefing for your command, call Fred Davis at 688-3603 Ext.

Healthy pregnancy, healthy baby

The focus is on the childbirth process and breathing techniques used during labor. Attend this class during the seventh month of your pregnancy. POC is

Colleen at Ext. 201.

Spouse morning out

The FFSC's Spouse Morning Out group meets every Wednesday from 9-11 a.m. in the Forrestal Village Chapel Nursery. This is a great opportunity for socializing, education, and making new friends. Activities include guest speakers on health issues, medical and dental benefit programs, and finances. There are also seasonal and holiday-theme classes, and ideas to keep the kids entertained. Contact Julie at 688-3603, Ext. 132 to learn new things, and meet and socialize with other military spouses.

New parent support

New Parent Support is available locally from the Healthy Families Division in the FFSC, Bldg. 42. They offer in-home visits and office consults to meet the needs of new and expecting parents. A prenatal class and a healthy pregnancy/healthy baby program focus on experiences during the pregnancy, the childbirth process and breathing techniques used during labor. There are also a variety of weekly playgroups to promote bonding and parent/child interaction.

For information about any of the FFSC's New Parent Support programs, call 688-3603, Ext. 201.

TAP Program

Service members and spouses who will be leaving the military are encouraged to attend a TAP class within six to twelve months before separation or retirement. This five-day seminar covers topics such as benefits, entitlements, job search preparation, resume writing, and interview techniques. Contact your command career counselor to make a reservation and to complete DD-Form 2648 (Pre-separation Checklist) and a registration form. Call RayJena Fanning at Ext. 147 for more information. Both forms are available at https://www.ntcgl.navy.mil/fsc on the Transition Relocation page

Active parenting

Four sessions in this class - Oct. 2, 9, 16, and 23, from noon to 2 p.m., on the second deck, FFSC. Active Parenting is a basic parenting class that will help improve, validate or change parenting behaviors. Teaching is through discussion, video and the experiences of the participants. Skills needed for children from birth through adolescence are included. Call Colleen at 688-3603 Ext.201 to register or for more information.

Anger, impulse control

Four sessions in this class - Tuesdays, Sept. 30, and Oct. 7, 14 and 21, from noon to 2 p.m., second deck, FFSC. This class helps examine the sources of anger and its triggers, and explores ways to bring about behavior changes. Participants will learn

BLDG. 42 688-3603, Ext. 100, 101

Add an FFSC class to your list of things to do

new skills to address their concerns. Call Colleen at 688-3603 Ext.201 to register or to get more information.

Healthy pregnancy/ healthy baby

The focus in this informational seminar is on the birthing process and breathing techniques used during labor. Attend this class during the seventh month of your pregnancy. The POC is Colleen at 688-3603, Ext. 201.

Visits and consults

New Parent Support offers in-home visits and office consults to meet the needs of new and expectant families. Contact one of the staff at 688-3603, Ext. 201 to make an individual appointment.

Infant playgroup

The Great Lakes Infant Minnows Playgroup meets Thursdays from 10-11:30 a.m. on the FFSC's second floor. Come join other mothers and their newborn to walker babies. Learn what to expect over the next few months. Colleen is the POC at (847) 688-3603, Ext. 201.

Toddler playgroup

The Sea Otters meet on Tuesdays from 10-11:30 a.m. in the FFSC second floor classroom. This is for children from walking age to 2-1/2 years of age. Call Colleen at (847) 688-3603, Ext. 201 to register.

Glenview infant and toddler

The Guppies meet Thursday from 10-11:30 a.m. in the Community Room. There is one class for newborns to walkers and one for walkers to 2-1/2 years. Call Lynn at (847) 688-3603, Ext. 207 to register.

3-4 year old playgroup

The Dolphins meet every other Monday from 10-11:30 a.m. in classroom two on the second floor of the FFSC. This class features crafts, music and other activities to foster parent/child relations. The POC is Lynn at (847) 688-3603, Ext. 207. Career planning

If you're a military spouse and think you may ever change jobs or return to the workforce, FFSC's Spouse Employment Assistance Program (SEAP) has a class for you.

There are a variety of programs designed to empower job seekers by making them aware of their choices, providing a plan to achieve goals and exploring employment options in today's job market. For more

information, call 688-3603, Ext. 129.

Victim services

The FFSC Victim Services Program is part of the Family Advocacy Program and supports the interests of victims of domestic violence. A Victim Services Specialist (VSS) in the FFSC provides information about domestic violence, safe and confidential ways to seek assistance, and the rights of the abused. The VSS also provides support with crisis intervention, safety assessment and planning, transportation to shelters, medical and legal affairs, and support groups.

The VSS will advocate for the victim in civilian courts for orders of protection, and with commands and investigative agencies for military orders of protection. If you need an advocate or just want more information, call Janis Brown at 688-3603, Ext.

Job preparation

If you are a Navy spouse who wants to enter the job market for the first time, or one who is getting back into the working world after a spell of "stay- at-home" work, you can get an assist from the FFSC. The Spouse Employment Assistance Program (SEAP) offers classes and personal coaching on resume writing, information about job fairs, and job - hunting advice. They also have a huge library of resources for job-seekers, along with internet access for searching help wanted sites. Contact program coordinator Debby Ludwig at 688-3603, Ext. 129.

General counseling

Licensed therapists provide assessment, referral, and short term counseling for individuals, couples, families and children. Specialized counseling is available for such issues as transition, domestic violence and sexual assault. Support groups or referral to support groups is also available. General counseling also runs the Prevention and Relationship Enhancement Program (P.R.E.P.). It is a marriage and relationship enhancement program that focuses on improving communication and problem-solving skills. Call Ext. 100 to speak to someone in general counseling. Call Ext. 107 or 126 for information about P.R.E.P. Counseling appointments are available outside of our posted office hours. Ask a counselor for more informa-



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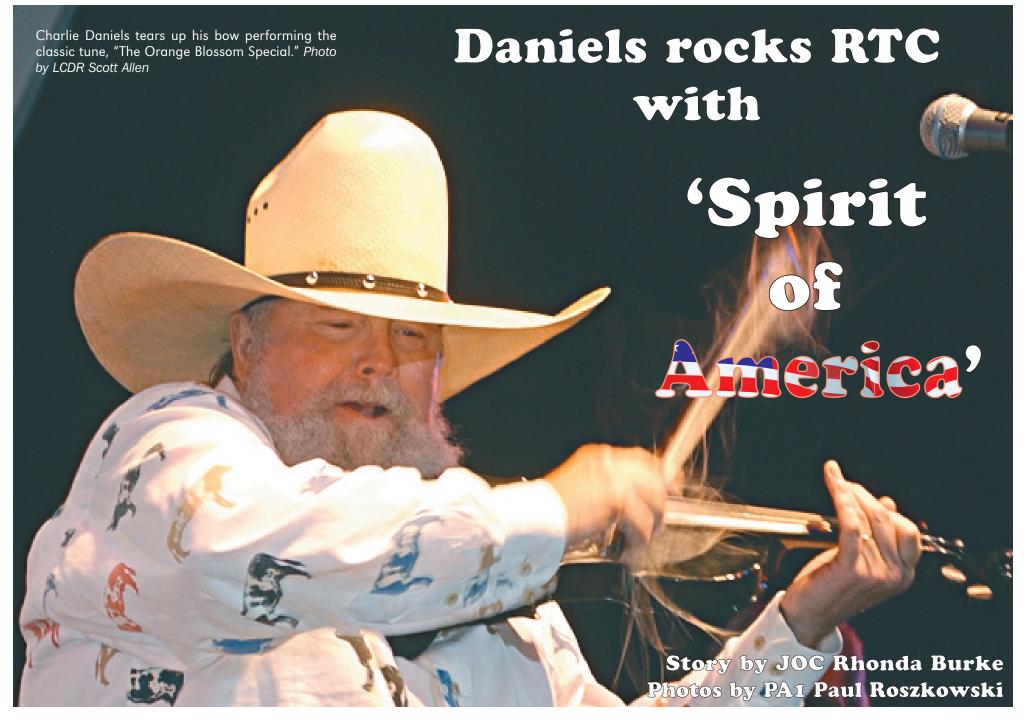
263-7770

Gurnee (Greenleaf Center)

Waukegan (Next to Traffic Court)







In a concert that celebrated the "Spirit of America," the legendary Charlie Daniels Band performed for more than 11,000 recruits in training at Recruit Training Command, Great Lakes on Thursday, Sept. 11.

you people who have given some of the best years of your life to defend this nation," Daniels told the troops. "We owe a great deal of respect and admiration to the people who give of themselves to defend this nation."

"I do this because I am very promilitary," Daniels said of the concert. "I was too young for the first couple of wars in my life, I was too old for the next couple, this is my way of serving. It's the only way I can. I just like to come out and say this is what we do and we're doing it for you."

victims of the terrorist attacks on Sept. 11, 2001.

MU3 Kenny Horton of Navy Band Great Lakes sang the National Anthem as more than 11,000 recruits and staff members stood at attention on Recruit Training Command's North Porter Grinder. It "How wonderful it is to look out at marked just the second time in recent memory that nearly all recruits in training at the Navy's only boot camp assembled together. The last was for the Sept. 11, 2002 Memorial Service.

Lt. John Kalantzis of the Chaplain Corps delivered brief remarks at the Memorial Service, encouraging recruits to remember the victims of Sept. 11 while they continued their training as they begin their Navy

Following the memorial service, the band "Hometown News," took to Daniels performed following a the stage to entertain the Sailors. memorial service to remember the Band member Scott Whitehead, a former Navy F-18 pilot who served in

Please see DANIELS / 32 JO3 Bill Steele



Recruits cheer the performance of the lead band, "Hometown News," which features Scott Whitehead, a former Navy F-18 pilot. Photo by



The band played on as twilight approached. The Charlie Daniels Band played more than an hour and a half for the recruits in training as a salute to their service.







Scott Whitehead of Hometown News rocks RTC with his original tunes while draping his guitar in the American flag. Whitehead is a former Navy F-18 pilot who fought in the Persian Gulf War.





(left) Charlie Daniels hoists the Ensign presented to him by the staff of Recruit Training Command in appreciate for his performance. (above) Capt. Kathryn Hobbs presents a Lone Sailor statute and plaque to Robert Rosenthal, who has organized and funded the Spirit of America tour, to support military members around the

MWR brings services together on softball diamond

By SGT. GREG HEATH Special to the AFPS

BAGRAM, Afghanistan — More than 100 soldiers found solace from the daily drag of deployed life on a dusty, improvised softball diamond, where eight teams battled for the top spot in a Morale, Welfare and Recreation softball tournament Sept. 7.

The all-day event featured teams from the Air Force; Army; Marines; and Kellog, Brown and Root playing in a double- elimination, round-robin tournament. Kellog, Brown and Root is a company under contract with the Defense Department to provide logistics and support services.

Tech. Sgt. Jason Theriault, a member of Air Force team called "Naturally 'Nawlins," wasn't sure if the competitive nature of interservice rivalries would get the best of the teams.

"I didn't know what to expect," said

Theriault. "When you get Air Force, Army and Marines together, it can get pretty competitive, but there was a lot of camaraderie (among) the different services.'

For many of the civilians of the Kellogg, Brown and Root team, this was their first day off in recent memory. Along with enjoying their time playing against the service members, they were also pleased with the participants' spirit on and off the softball field.

"There was good sportsmanship all around," said Ivan Jecker, who works in the KBR electrical department. "Originally, we weren't going to play because we didn't have enough equipment for the team, but MWR and the service members were happy to share theirs."

During the tournament, people drifted in and out to root for their teams or grab a bite to eat from the big barbeque thrown in conjunction with the MWR event. And some service members, like Spc. Paul

Schexnayder, a 205th Engineer Battalion "Nasty Guard" team member, chose to lose themselves in the event, staying until the final out of the last game — seven hours after the even started. "It almost feels like being back at home," Schexnayder said.

When the dust finally settled and the sun began to disappear behind the mountain range, the Marine "Dog Pound" team emerged as the champion, finishing the tournament with a perfect 3-0 record. The "Dog Pound" pounded the previously unbeaten "Nasty Guard" 17-7 in the tournament finale.

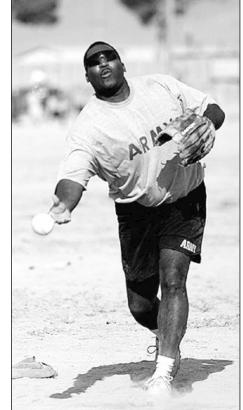
When darkness required cancellation of a planned consolation game, The "Nasty Guard" and Air Force's "Naturally 'Nawlins" finished for a tie for 2nd place, each finishing with a 3-1 record.

The 1st place winners received Operation Enduring Freedom T- shirts, and 2nd place got Operation Enduring Freedom hats, courtesy of MWR. Although not everyone received a hat or T-shirt. John Senatore, MWR program coordinator, said he hopes everyone, from the players to the volunteer umpires and cooks, left with at least a little satisfaction from a day well

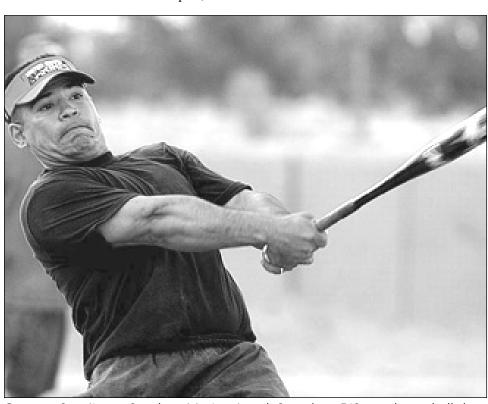
"I hope everyone had fun," Senatore said. "That was the name of the game."

Cpl. Billy Gaines of Marine Attack Squadron 513, a member of the champion "Dog Pound," said he appreciated the day of friendly competition with the different service members.

"I think everyone out here, whether they won or lost, had a good time," Gaines said.



Army Staff Sgt. Kim Thompson of the Task Force 44 Medical team, lofts a pitch toward home plate during a Sept. 7 Morale, Welfare and Recreation softtournament in Bagram, Afghanistan. Photo by Sqt. Grea Heath, USA



Gunnery Sgt. Jimmy Sanchez, Marine Attack Squadron 513, crushes a ball deep to right field during a Sept. 7 softball tournament in Bagram, Afghanistan. Sanchez's team, the "Dog Pounds," won the Morale, Welfare and Recreation-sponsored tournament. Photo by Sgt. Greg Heath, USA.



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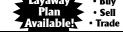
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Surface force revises damage control doctrine

SAN DIEGO (NNS) — Aboard a ship at sea, all hands need to be proficient as firefighters. But a new approach to shipboard firefighting, issued to the fleet in a recent revision to the Surface Force Repair Party Manual, recognizes that not every fire requires all hands to fight it.

The revision of the Repair Party Manual, announced by the Commander Naval Surface Forces by naval message Sept. 9, reorganizes shipboard damage control to make it more efficient, align best practices and policy, and give commanding officers more options in responding to damage, such as fires and flooding.

"In the past, if there was a small fire aboard a ship, they would call away the 'flying squad,' and investigators would make the decision whether they would be able to handle it or not," said Senior Chief Damage Controlman (SW) Terry Nash, the damage control expert on the Naval Surface Force staff. "If they couldn't handle it themselves, the only option for the CO [commanding officer] would be to call away general quarters [GQ]."

All hands would then get involved, according to Nash, and it would take between seven and 10 minutes to set boundaries dictated by condition "Zebra."

The new approach, which adds an intermediate response option called Condition II between the rapid reaction of the flying squad and shipwide GQ, will save response time. It will also let Sailors manning important watch stations, such as on the bridge or in the Combat Information Center, to remain in those roles.

Now, instead of letting the fire burn or

shipwide, you can get people to the scene and decide what to do immediately," said Nash. "The great thing about Condition II is that the CO can decide to bring in a single repair locker, and if they can't handle the damage themselves, he can bring in another repair locker or set GQ. He has that flexibility.

The development of the new damage control doctrine benefited from a tremendous amount of input from the deckplate

"We did this with a lot of input from the waterfront," said Nash, pointing out that the goal was to align policy with the best practices from damage control aboard USS Stark (FFG 31), USS Samuel B Roberts (FFG 58) and USS Cole (DDG 67).

"There's a culture change involved, and we recognize that," said Nash. "But the feedback from the waterfront has been very positive, because everyone has had a hand in offering their input.'

Surface ships are required to implement the changes outlined in the newly revised Repair Party Manual by the beginning of next year. An electronic version of the instruction is available on the Web sites of both Naval Surface Forces Pacific and Atlantic Fleets, https://extra.cnsp.navy.mil http://www.cnsl.spear.navy.mil, and compact discs will be sent to commands on request.

For related news, visit the Commander, Naval Surface Force, U.S. Pacific Fleet Navy NewsStand www.news.navy.mil/local/cnsp.

Rentz nets fourth drug bust

ABOARD USS RENTZ, At Sea (NNS) - During a counter-narcotics patrol in the the flooding continue while you set Zebra Eastern Pacific, USS Rentz (FFG 46) and its embarked helicopter and U.S. Coast Law Enforcement Detachment, recently conducted their fourth major drug interdiction, which yielded the seizure of 7,710 pounds of narcotics and the detention of seven suspected drug traffickers.

'The USS Rentz is conducting one of the most successful counter-narcotics tours in recent memory, having participated in at least four separate multi-ton cocaine interdictions that will be prosecuted in the Middle District of Florida," said Paul Perez, U.S. attorney general for the Middle District of Florida. "We applaud their efforts, along with the rest of the U.S. Navy and Coast Guard, to move the battle-line for the war on drugs from the streets of the United States to the waters of the Eastern Pacific Ocean and Caribbean Sea.'

Rentz's most recent interdiction operation initiated with the investigation of a radar contact believed to be a suspected drug smuggler. Rentz deployed its embarked helicopter, Lonewolf 47, for a positive visual identification before closing it.

After complying with all pre-boarding procedures and obtaining permission to board from proper authorities, the embarked Coast Guard Law Enforcement Det. 106 boarding team conducted an initial safety inspection, checking the seaworthiness of the vessel and looking for possible scuttling devices.

After completing the initial search and investigation, the boarding team began conducting at-sea space accountability of the vessel and discovered an 8-by-15-foot void

See BRIEFS page 31

Assistance available from Naval Hospital to new mothers

Women who are breast-feeding for the first time should be seen at the Breast-feeding Clinic within one to two days after discharge from the hospital.

Moms having any difficulties with breast-feeding should call TRICARE at (800) 941-4501, and ask for an appointment with a health care provider on the gold team., or call (847) 688-5424, Ext. 3129. Getting help right away can make all the difference.

Breast-feeding classes will be held at the Great Lakes Naval Hospital the second Tuesday evening of the month at 7 p.m. Call (847) 688-2255, Ext. 3129. Dads are wel-

Going back to work mothers should call (847) 699-5424, Ext. 3129 for information about working and breast-feeding.

Breast-feeding classes are currently being offered as part of the prenatal classes at the Family Service Center. Also offered are home visits for breast-feeding mothers. Call Nancy at 847-688-3603, Ext. 206 for information.

Pregnant or breast-feeding women who want a personal breast-feeding consultation should call TRICARE at (800) 941-4501 and ask for an appointment with Louise Ryssmann PNP (Tell them it is a well baby appointment.)

A breast-feeding support group will be held the second Wednesday of the month at 7 p.m. in the Naval Hospital One East conference room. The group will also meet once a month on the last Thursday of the

month at 11:30 a.m., at the same location. These groups are designed to provide a network for breast-feeding Navy mothers, and to give information on breast-feeding. Call (847) 688-2255, Ext. 3129 if interested in attending. This is also a breast-feeding "warm line," where people can call and get answers to their breast-feeding questions 24 hours a day, seven days a week.

Leave a message for a lactation specialist, and the call will be answered as soon as possible, either before or during the next working day (Monday through Friday). If the concern is urgent, call TRICARE at (800) 941-4501, Ext. 3.

Breastfeeding mothers can get help with food supplements. Also, mothers who breast-feed and stay home can get a small breast pump, that they can use to occasionally pump their breasts.

Mothers who work full-time, and need to pump at work to maintain their milk supply, can get an electric breast pump with double pumping capabilities.

Those who have a premature infant who cannot nurse can get an electric breast pump to maintain the milk supply until the infant is able to nurse. Call (847) 688-5879 for more information.

The Navy and Marine Corps Relief Society also has a visiting nurse program, and a registered nurse will make home visits to breast-feeeding mothers. They also give out free layette sets. Call Sheryl at (847) 688-6830 for information.



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Arlington ceremony honors Pentagon victims from Sept. 11

American Forces Press Service

ARLINGTON NATIONAL CEMETERY — The morning sun glistened on the Vermont granite memorial group marker in Section 64 that bears the 184 names of those killed when Flight 77 crashed into the Pentagon two years ago. Beside it sat more than 400 gray steel folding chairs that row-by-row filled with family members of those who died that fateful morning.

"We gather here today to honor the heroes who sleep in these hills and commemorate the second annual observance of Patriot Day," Defense Secretary Donald H. Rumsfeld said

here today. "But while the occasion is not yet new, the concept is as old as our republic's founding ideals and the belief we cherish in our heart that freedom will triumph over tyranny. That is why patriots are so very important."

Patriot Day honors and remembers those who died at the Pentagon as well as those who perished in New York City and the field in Pennsylvania, said Chairman of the Joint Chiefs of Staff Air Force Gen. Richard B. Myers.

The general quoted American author William Faulkner, saying, "I believe that man will not merely endure; he will prevail. He is immortal because he has a soul, a spirit capable of compassion and sacrifice and endurance."

Pentagon on 11 September embody that spirit," said Myers. "They are all heroes, not just because they gave their lives, but because they lived their lives as free Americans, and many in service to their country."

Rumsfeld said a patriot is one "who loves his land, prizes its principles and cherishes its

A patriot so reveres the ideals of his home country that he is willing to lay down his life to ensure that those ideals endure."

Both talked of the global war on terrorism. "Terrorists are trying to defeat what we Americans stand for - peace, freedom, tolerance and respect for human life," said Myers. "So we've undertaken an enormous effort to prevent them from spreading their creed of bloodshed, of hatred, of intolerance.'

The general said the war on terrorism would be "a long, hard struggle" requiring patience, commitment and will.

"Make no doubt about it," he added, "we are winning. And we are winning because we have a superb team of soldiers, sailors, airmen, Marines, Coast Guardsmen and civilians who are 100 percent dedicated to winning this war.

fices. They're all patriots too, truly American

Pointing out the proximity of the Washington Monument and Lincoln and Jefferson memorials, Rumsfeld spoke of the heroes of Afghanistan and Iraq. "Each of those who have fallen gave their lives for something larger than themselves. They are important. They are important because without such patriots, freedom cannot exist.'

The secretary borrowed the words of Daniel Webster, who told the Senate in 1834, "God grants liberty only to those who love it and are always ready to guard and defend it."

Fortunately, this nation, said Rumsfeld, continues to have a long line of patriotic defenders. "And so today, let us remember all those who died in New York, in Pennsylvania, here at the Pentagon, in the mountains of Afghanistan, in the deserts of Iraq. And let us recommit ourselves to their causes and to our mission: the triumph of freedom over tyranny.

"And let this day always be a reminder to our nation and to the world why we fight in freedom's cause and why we must fight and win this global war on terror."

Bush: FBI 'fully engaged' in current anti-terror war

By GERRY J. GILMORE **American Forces Press Service**

WASHINGTON — America has been on the offensive at home and overseas against global terrorists in the two years since the Sept. 11, 2001, attacks, President Bush told FBI employees today at the agency's crime laboratory at Quantico, Va.

In his address, the president praised the FBI, noting the agency "is fully engaged" in the war on terror, helping the nation make progress against would-be terrorists.

Efforts by the Departments of Justice and Homeland Security on the home front, he added, also are helping to protect Americans from terrorists.

Since 9-11, Bush said, the FBI has doubled its assets used in uprooting terrorist plots against this country. The bureau, he added, also has become better at analyzing and sharing intelligence information with other government organizations.

Consequently, the "left hand now knows what the right hand is doing," the president remarked, noting that U.S. government agencies are using more teamwork to uncover threats to the homeland.

As a result, Bush noted, terrorist fronts in Buffalo, N.Y.; Portland, Ore.; Tampa, Fla.; Seattle; Detroit; and North Carolina have been broken up. More than 260 suspected terrorists have been brought before U.S. courts, he added, resulting in more than 140 convictions.

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48,000 professional security employees working at the nation's airports, the president pointed out. And every piece of baggage going on an airplane, he noted, is now being electronically screened.

The presence of thousands of federal air marshals aboard U.S. flights and the hardening of cockpit doors are also helping to make the skies over America safer, Bush said, forestalling "planes from being used as weapons against the American people."

DHS is also making U.S. borders more secure, Bush said, by increased surveillance and working with the State Department to conduct enhanced visitor background and visa application checks.

These measures, he noted, prevent terrorists from gaining entry into the country, noting that America's borders "must be closed to criminals and terrorists."

Yet America will remain "a welcoming society" for law-abiding families, tourists, students and business people from other countries, the president said.

Since the 9-11 attacks, the United States "has made the largest commitment to securing its seaports since World War II," Bush pointed out. The Coast Guard, he continued, has conducted more than 124,000 port security patrols and more than 13,000 air patrols, and has boarded more than 92,000 vessels.

Also, ships' captains now are required to provide electronic cargo manifests 24 hours in advance of container loading, Bush explained, to allow U.S. officials "time to check for potential dangers.'



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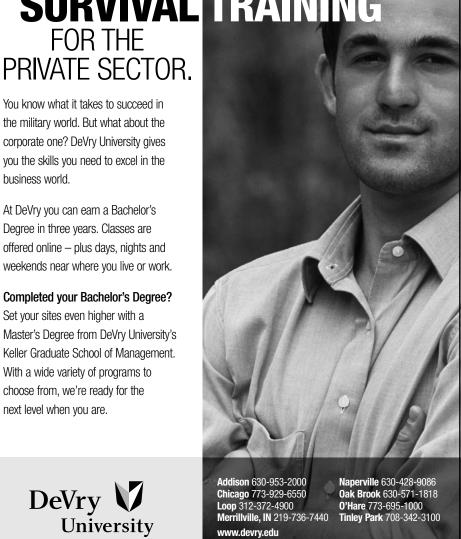
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Playing cards an essential rucksack item

By PFC. CHRIS JONES Special to the AFPS

MOSUL, Iraq — Not everyone likes playing cards. Heck, why play a simple game of blackjack when you can cruise the streets in a tank in a popular video game? "Well, you can't pack a [video game system] in your ruck," answered Spc. Virgina Brickner, Company C, 8th Battalion, 101st Aviation Regiment. "You can take cards

anywhere, anytime. At night, all you need is a flashlight to keep playing," she said, adding that she's not good at video games anyway.

Smaller than an average wallet, a deck of cards is a truly convenient and portable form of entertainment.

"It doesn't take batteries, doesn't take time to set up, [it] fits anywhere, and it's been around for so long that everyone knows at least one game," said Sgt. Steve Magness, an engi-

neer with Company A, 326th Engineers Battalion. "Cards bring people to a common ground."

However, the secret to the success of playing cards may not be their simplicity; it may be in the versatility of a single deck.

"There's no end to how much you can do with cards," said Pfc. Joe Green, an engineer in Magness' squad. "You can do anything with them. You can put them in a hat, plaster them to your head, do magic tricks.

Cards are one of the most versatile things ever - kind of like cheese."

To some players, each card has a life of its own. Spc. Kieran Moore, a Combat Camera photographer with 982nd Signal Company, said if all 52 cards came to life, the joker would be the most popular.

The king is stuck-up, the queen is scandalous, the jack is irritating," Moore said. "Yeah, the jack would be the power-hungry, stab-you-in-the-back type. But the joker,

he's the life of the party — the one who shows everyone a good time. He starts something on the sidelines, then walks away and leaves everyone laughing."

Moore said the world of playing cards is a treacherous one. "When I see cards, I see chaos, randomness luck," Moore said. "I see the fake assumption of control and estimation. Nevertheless, world is one Moore

cannot seem to keep out of.

The question remains: After all the technological advancements already surfacing in the early 21st century, can the card industry survive? Spc. Dave Stage, a cameraman in Moore's unit, said he has no doubt about the fortitude of the industry.

"Cards will always be here," Stage said. "We need them for self-survival and



Soldiers from 8th Battalion, 101st Aviation Regiment, play a game of cards at night while on a mission in Southwest Iraq. Counter-clockwise from bottom left: Sgt. Jose Cadengo, Spc. Virginia Brickner, Sgt. Austin MacDonald, Pfc. Wesley Bowker. Photo by Spc. Kieran Moore

WWW.GURNEEDODGE.COM Take a crack at this one: Who was the highest paid athlete in the world in 2002? The answer is JUST BRING YOUR L.E.S. Formula One race car driver Michael Schumacher of Germany, who earned an estimated \$80 million MILITARY I.D. AND dollars. That works out to approximately \$25,000 DRIVERS LICENSE for every racing mile. Schumacher's financial success is, of course, attributable to his skill behind the wheel. Entering 2003, he had won 65 Grand Prix races, the most in history. In 2002 alone, he captured a record-tying fifth world championship, winning 11 of 17 races and finishing no worse than third in the other six. Worldwide, only soccer attracts more fans than Formula One, which draws a television audience of up to 400 million for each Many sport fans know about the historic winning streaks in the major sports by the major colleges - Oklahoma in football, UCLA in basketball and so forth. But arguably the most incredible winning streak in college sports history was achieved by the men's tennis team at Kalamazoo College in Michigan. The team won 241 consecutive league matches before losing to Hope College on April 15, 2003, snapping a streak that began in 1962.

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things ever — kind of like

cheese.'

Pfc. Joe Green

Company A

326th Engineers Battalion

WASHINGTON - The U.S. Postal Service and the Military Postal Service Agency process about 2 million pounds of mail a week for troops in Iraq and Afghanistan, and some items make it to the recipient faster than others, Navy Lt. Cmdr. Brian Lomax, agency chief of plans and policy, said here today.

Depending on where it originates, a letter or package spends "a couple of days" in the USPS system before it reaches either San Francisco or New York City, Lomax said. Then it travels another 16 to 19 hours by plane before landing in Kuwait or Bahrain. From there, it's picked up or delivered by motor vehicle. Once in theater, a letter takes seven to 14 days to reach the service member, while a package usually takes 14 to 24 days, Lomax added. Packages make up 90 percent of the mail.

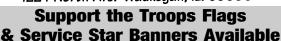
People who mail letters and packages also can help, he added. "The size of the package plays an important role," Lomax said. "Large packages take up a lot more room," said LomaxIf there's a choice between taking one large box or a lot of smaller boxes and letters, the large box will

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By SGT. 1ST CLASS DOUG SAMPLE **American Forces Press Service**

WASHINGTON — The United States and its coalition allies are "totally committed" to winning the war on terrorism, but it will take "patience, commitment, and a will to win" before victory is achieved, the chairman of the Joint Chiefs of Staff told the Senate Armed Services Committee here Sept. 9.

Air Force Gen. Richard B. Myers told the committee that part of the necessary commitment he spoke of is the \$87 billion the Pentagon will need from Congress in the coming months to continue to wage and win the war.

Myers came to Capitol Hill, along with Deputy Defense Secretary Paul Wolfowitz to justify President Bush's supplemental funding request for the war, \$66 billion of which would be committed to U.S. forces. He said operations in Iraq are costing about \$4 billion per month, and about \$1 billion a month is being spent in Afghanistan and the rest of the war on terrorism. "So the majority of the supplemental (funding request) goes to U.S. forces," Myers said.

He also testified that \$21 billion of the president's request will be set aside for reconstruction in Afghanistan and Iraq, with about \$5.5 billion going toward training and equipping security forces in those countries.

Myers said it will take more than money,

however, to win the war on terrorism. Aside from the commitment of the American people, Congress and troops on the ground, he said, the effort also requires patience and will.

"Ö We have never been more focused or more committed to winning this war. Failure is not an option. We have got to win."

He said the war on terrorism has become a "battle of wills," and that the terrorists "think they are going to win."

They are absolutely wrong about that," he said. "They will not win. They can't win. We can't let them win, and we won't," the chairman said. "We are going to win as long as we have the continuing will of the American people, and, for that matter, freedom-loving people everywhere."

Myers told the lawmakers that if they need inspiration, they need look "no further than the men and women of the armed forces.'

"In the last two years, they have made tremendous sacrifices — personal sacrifices, family sacrifices, (and) employer sacrifices for those Reserve component individuals that have been called to duty," he said. "Those that have been killed in action, wounded in action, and their families have sacrificed, of course, more than all the rest, and they are truly America's heroes. They have to be considered America's heroes, because they understand what this is all about. They've been out there, and they've sacrificed."





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Directions:Northgate is located in Northern Lake County, in the heart of New Waukegan. The location is convenient to I-94, US-41 and Grand Avenue (Route 132). Residents have easy access to Lake County's employment centers, Chicago or Milwaukee, Gurnee Mills Shopping Center, Six Flags Great America, Lake Michigan and excellent golf courses.

HOROSCOPE

Aries – March 21/April 20

Look before you leap this week, Aries. Even though you want to help a friend in need, you can't act impulsively. That won't solve anything. Figure out the best way to handle the situation, and then make your move. Your efforts will be appreciated. Virgo plays an important role on Tuesday.

Taurus – April 21/May 21Go after what you want this week, Taurus, and don't let anyone stop you from getting it. If you work diligently, you're sure to reach your goal. Turn to that special someone for support if you need it. He or she is always there for you. A loved one needs a shoulder to cry on late in the week. Be there for him or her.

Gemini – May 22/June 21

Patience is your key to success this week, Gemini. Don't pressure a business associate for an answer to an important question. You just have to wait until this person makes his or her decision. A loved one turns to you for advice about a personal matter. Be honest with him

Cancer – June 22/July 22

Your quick reaction to a difficult situation puts you in the spotlight this week, Cancer. Don't be embarrassed. You certainly deserve the accolades. So, enjoy the attention. A close friend invites you out late in the week. Say yes, because it's sure to be a fun time. Sagittarius plays a key role.

Leo – July 23/August 23Don't hold a grudge against a loved one who hurts you early in the week. This person doesn't mean to cause you any problems; he or she just makes a stupid mistake. Don't hold it against him or her. That special someone has a surprise for you on Saturday. Enjoy yourself, because you certainly deserve it.

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Virgo – Aug 24/Sept 22

While you would like to be alone this week, Virgo, you're not going to get your wish. A difficult family situation has loved ones coming to you for advice every time that you turn around. Don't try to ignore everyone. Instead, help them out. You know that they would be there for you if the situation were

Libra – Sept 23/Oct 23

You have a quiet week ahead of you, Libra. So, instead of looking for extra things to do, just try to relax. Take the time to pamper yourself. Splurge a little — and don't feel guilty about it! This is a well-deserved break. Gemini plays an important role.

Scorpio – Oct 24/Nov 22

Don't keep your emotions bottled up inside when that special someone upsets you. Let him or her know exactly how you feel. It's the only way to make yourself feel better. Besides, this honesty will enhance your relationship. A close friend drops by unexpectedly late in the week. Spend time with him or her.

Sagittarius - Nov 23/Dec 21

Look on the bright side of things when your schedule gets hectic late in the week, Sagittarius. It's really not as bad as it seems. Try to remember this as you're working through your to-do list. Things could be worse. A loved one needs a shoulder to cry on. Be there for him or

Capricorn - Dec 22/Jan 20

Stand your ground when it comes to a family matter on Wednesday. Don't let loved ones force you to change your plans. A close friend turns to you for help with a difficult situation. Do what you can for him or her —even if it takes up all of your free time. This person truly needs your assistance. Leo plays a key role.

Aquarius – Jan 21/Feb 18

Don't be too hasty when making an important financial decision early in the week. Look at all of the pros and cons, and then make your choice. Turn to that special someone for advice if you need it. He or she has your best interest at heart.

Pisces - Feb 19/March 20

Don't turn your back on a loved one who gets into trouble this week, Pisces. You are the only person who can help with the situation. Do what you can. Your efforts will be appreciated. An acquaintance offers you romantic advice. Take





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Assorted yogurt

Pastry bar Bread bar

Lunch

Beverage bar

Oven-fried chicken

Grilled bratwurst

fillet sandwich

For September 22-28

Breakfast Soft & hard eggs Scrambled eggs Griddle-fried eggs MONDAY Assorted omelets French toast

Potato sticks Sausage links Oatmeal

Breakfast

Pancakes

Hashbrowns

Ham steak

Breakfast

Oatmeal

Soft & hard eggs

Scrambled eggs

Griddle-fried eggs

Assorted omelets

Oven-fried bacon

Soft & hard eggs

Scrambled eggs

Griddle-fried eggs

Assorted omelets

French toast

Potato sticks

Oatmeal

Sausage links

Oven-fried bacon

Griddle-fried eggs

Assorted omelets

Oven fried bacon slices

Pancakes

Ham steak

Oatmeal

Hashbrowns

Assorted cereal

Oven-fried bacon Assorted cereal

Franconia potatoes Broccoli Assorted cereal Assorted yogurt Pastry bar Bread bar

Beverage bar Lunch Szechwan stir-fry Sweet-and-sour pork Filipino rice

Assorted yogurt

Pastry bar

Glazed carrots Peas w/ mushrooms Tomato florentine soup Salad bar Bread bar Beverage bar Assorted desserts

Corn

Salad bar

Bread bar

Dinner

Grilled ham

Steamed rice

Creole macaroni

Beverage bar Assorted desserts

Beef vegetable soup

Dinner Salisbury steak Hot dogs Mashed potatoes Chicken gravy Club spinach California blend vegetables Tomato florentine soup Salad bar Bread bar Beverage bar Assorted desserts

Broccoli

Salad bar

Bread bar

Beverage bar

Assorted desserts

Blackeye peas

Beef vegetable soup

Bread bar Beverage bar Herb-baked fish Spaghetti w/meat sauce Garlic bread Oven-browned potatoes Herbed green beans Corn chowder Salad bar Bread bar Beverage bar Assorted ice cream

Pizza puffs

Potato wedges

Corn dogs

Broccoli Parmesan Glazed carrots Corn chowder Salad bar Bread bar Beverage bar Assorted ice cream

Corn O'Brien Assorted cereal Assorted vogurt **Breakfast** Soft and hard eggs Pastry bar Scrambled eggs Bread bar

> Beverage bar Lunch Turkey tetrazzini Meatloaf Brown gravy Franconia potatoes

Assorted yogurt

Pastry bar

Bread bar

Beverage barr

Peas

Corn combo Pasta fagioli soup Salad bar Bread bar Beverage bar Assorted desserts

Dinner Baked tuna and noodles Roast beef Mashed potatoes

Brown gravy Succotash Asparagus Pasta fagioli soup Salad bar Bread bar Beverage bar Assorted desserts

Breakfast Soft & hard eggs Scrambled eggs Griddle-fried eggs Assorted omelets French toast Potato sticks

Lunch Herbed baked fish Sausage links Swedish meatballs Oven-fried bacon Buttered pasta Assorted cereal Broccoli

Carrots Garden vegetable soup Salad bar Bread bar Beverage bar Assorted desserts

<u>Dinner</u> Grilled Italian sausage Meatloaf

Brown gravy Franconia potatoes Green beans Garden vegetable soup Salad bar Bread bar Beverage bar Assorted desserts

Continental Breakfast Oatmeal Assorted cereal

SATURDAY Assorted vogurt Bread bar Beverage bar

Brunch Scrambled eggs Griddle-fried eggs Assorted omelets Pancakes Ham steak Chimichangas Roasted pepper potatoes California-blend vegetables Chicken noodle soup Salad bar

Beverage bar Assorted desserts Dinner

Bread bar

Cajun baked fish Veal parmesan Noodles Jefferson Club spinach

Cauliflower Parmesan Chicken noodle soup Salad bar Bread bar Beverage bar Assorted desserts

Continental Breakfast

Assorted cereal SUNDAY Assorted yogurt Bread bar Beverage bar

Brunch

Griddle-fried eggs Assorted omelets French toast Oven-fried bacon Herbed baked chicken Chicken gravy Pizza puffs Franconia potatoes

Peas and carrots

Calico cabbage Garden vegetable soup Salad bar Bread bar Beverage bar Assorted desserts

Dinner

Baked tuna and noodles Oven-browned potatoes Broccoli Corn Garden vegetable soup Salad bar Bread bar Beverage bar

The food service officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit timely use of perishable foods.

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DoD reports on service members' pneumonia cases

By DONNA MILES

American Forces Press Service

WASHINGTON — Cigarette smoking appears to be a contributing factor in a spate of pneumonia cases in which 19 service members within the U.S. Central Command region contracted severe cases of the disease. Two of them died.

Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs, emphasized to reporters here Sept. 9 that "we do not have an epidemic," and that pneumonia rates are no higher among service members deployed to the theater than among other healthy people in the same age group.

Between March 1 and Aug. 31, about 100 active-duty service members deployed to Southwest Asia have developed pneumonia. Of the 19 cases of severe pneumonia meaning that the pneumonia entered both lungs and was severe enough that patients required ventilators or respirators — two of the patients became ill in March, two in April, one in May, six in June, four in July, and two in August. Thirteen of the cases occurred in Iraq, and six were in other Central Command countries, including Kuwait, Qatar, Uzbekistan, and Djibouti. All but one of the patients were male.

Winkenwerder reported the Defense Department's investigation into these cases is helping eliminate several possible causes. It shows no evidence of severe acute respiratory syndrome, known as SARS, associated with the pneumonia, and appears to rule out the possibility that the disease is spread per-

The investigation also shows no indication that anthrax or smallpox vaccines increase the risk of pneumonia, according to Col. Robert DeFraites from the Army Surgeon General's Office [http://www.armymedicine.army.mil/default2.htm], who is spearheading the investigation.

Among the group with severe pneumonia, four had bacterial pneumonia. However, in nine of the cases of severe pneumonia experienced by service members who deployed to the theater — and in all but one of the 10 cases involving elevated levels of a particular type of white blood cell called eosinophils the patients had recently taken up smoking.

DeFraites said the chemicals in cigarette smoke, compounded by hot temperatures and dehydration, could potentially increase the

body's susceptibility to pneumonia. DeFraites said two soldiers experienced severe pneumonia in 1997 while training in similar conditions at the Army's National Training Center in Barstow, Calif.

He said the Defense Department will continue to work with the Centers for Disease Control and the services to explore any link between tobacco use and the pneumonia. "We are investigating this further," he said.

Meanwhile, DeFraites said the DoD investigation is "well advanced," and that epidemiological consultation teams are about to wrap up their work in Iraq and the U.S. military hospital in Landstuhl, Germany. The teams will resume their work in the United

A scientist from the Centers for Disease Control and Prevention [http://www.cdc.gov/] joined the consultative team at the Walter Reed Army Institute of Research and Prevention, where all information from the Germany and Iraq teams is being gathered, analyzed and evaluated.

DoD also has engaged the expertise of several members of the Armed Forces Epidemiological Board, an advisory committee of eminent civilian scientists and physicians that is providing consultation assis-

CDC's associate director for epidemiological science and a member of the Armed Forces Epidemiological Board, Dr. Stephen Ostroff, also is involved in the investigative review. "I have a high degree of confidence in the depth of the investigation being done to get to the bottom of this and get some answers," he said.

The investigation will include ongoing medical surveillance of the service members who have recovered from the disease, particularly those who experienced severe pneumonia. DeFraites said all have recovered from their symptoms and have been released from the hospital. One returned to duty in Southwest Asia, and the others are on duty at their home stations or on convalescent leave.

DeFraites said the Defense Department is committed to finding the answers to the pneumonia cases. "The investigation remains ongoing and we will keep an open mind to any and all possibilities," he said.

'Although we don't have all the answers we'd like to at this point," Winkenwerder concluded; "we are making good progress and our work will continue.3

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Great Bulletin

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(Continued from page 24)

between the engine room and aft steering, where a second tank with cargo was concealed. The boarding team obtained samples of the suspected contraband, which tested positive for cocaine. At this point, Rentz was directed to detain the fishing vessel and its crew.

Since the beginning of its deployment, Rentz has become a major asset in the war on narco-terrorism. The San Diego-based frigate's operations have prevented almost 14,000 pounds of cocaine from reaching the U.S. coasts.

"The success of our team is due in large part to the preparation and training we did ahead of time," said Cmdr. J.D. Frederick, Rentz commanding officer. "We had some intensive U.S. Coast Guard training arranged though Afloat Training Group, Pacific, prior to deploying, and we took the time to learn how interagency partnership operates."

In a culmination of interagency coordination, Rentz posted another victory in our war on drugs. Gas Turbine System Technician (Mechanical) Second Class Clay Boswell, a member of the Visit, Board, Search and Seizure team, summed up the success, "It is an amazing feeling, having a position directly responsible for keeping tons of cocaine off our streets."

For related news, visit the Commander, U.S. Naval Forces Southern Command Navy NewsStand www.news.navy.mil/local/cusns.

Doctors heal in Morocco

ER-RACHIDIA, Morocco (NNS) From tumor biopsies to neurosurgery, medical personnel from U.S. Naval Station Rota, Spain, Ohio Air National Guard and other medical commands in Europe and the United States have been performing up to 15 complex surgeries a day at the Ali Cherif Moulay Hospital in Er Rachicdia, Morocco, since the annual MEDFLAG exercise began Sept. 6.

The medical personnel working at the

2003, a joint humanitarian relief operation and medical training exercise conducted with the Moroccan military, as well as medical personnel from Zambia, Gabon, Belgium and Tanzania. Approximately 100 U.S. medical personnel are conducting medical training and providing humanitarian relief and medical outreach, called Medical Civic Action Programs (MED-CAPS), to outlaying communities surrounding the desert city of Er Rachidia.

Seven MEDCAPS will be conducted during MEDFLAG 2003, which is scheduled to end Sept. 19.

A Navy doctor explained that many of the cases seen at the regional hospital in Er Rachidia are referred there from the MED-CAPS set up in the villages. "Most of the patients are first triaged at the MEDCAP medical facility, but unfortunately, their conditions are quite serious and are not able to get the level of care they require from a mobile treatment center," explained Lt. Cmdr Karen Kopman from U.S. Naval Hospital Rota, Spain.

Lt. Col. Harry Reynolds, an Ohio Air National Guard surgeon, said that the groups of up to 10 medical personnel working at the hospital are conducting a wide range of surgical procedures, from removing parasitic cysts and gall bladders to more complex surgeries, like removing tumors in the thyroid glands to neurosurgery.

"Just this morning, we performed a hernia repair, hemorrhoid extraction and removed a lung tumor to be biopsied," said Reynolds, a recognized professional in his field, excelling as a prominent surgeon at University Hospitals of Ohio in Cleveland.

"The patients are very appreciative that we are here in Morocco to help," he said. "There is a great need for this type of medical support, and we are glad to be working alongside the Moroccan surgeons."

According to Kopman, "Things are very different here in the way we do surgery. We are learning the way they do business, and we are showing them the ways we do business."

The U.S. Navy uses some of most advanced medical techniques and equipment in the world. The U.S personnel working with the Moroccan doctors were more than eager to share their experience and knowledge, and the Moroccan personnel were more than eager to learn new exciting procedures.

As part of the U.S. commitment to providing top-level medical support during MED-FLAG, medical and surgical equipment was donated to the Ali Cherif Moulay Hospital. Some of the equipment was provided by Fleet Hospital 8, which was a tent hospital located in Rota, Spain, and the hospital ship USNS Comfort (T-AH 20). Both Fleet Hospital 8 and Comfort treated wounded U.S. personnel in the early stages of Operations Iraqi Freedom and Enduring Freedom.

The enormous white hospital ship and the 250-bed mobile tent hospital in Rota both returned to the United States in June 2003. But before they left, they donated hundreds of pallets of excess medical instrumentation and supplies to MEDFLAG 2003. Most of the excess surgical equipment was turned over to the Moroccan military for dispersal to remote medical facilities throughout the region.

Manouni Ahmed, a pharmacist at the hospital sorting the thousands of pieces of equipment, said, "We are very happy to have such nice new equipment. Thank you."

The equipment will ensure that the hospital will be able to provide medical support for the region and dramatically increases the quality of equipment the hospital currently has on inventory.

Hospital Corpsman Second Class Chad Fontenot, from Rota, demonstrated a new technique of cold sterilization, which reduces the time required to sterilize surgical instruments from hours to only minutes.

"At this hospital, they used steam to sterilize instruments, which takes up to two hours. We have showed them a new process using safe cleansing chemicals to sterilize instruments in only 12 minutes," said Fontenot.

One of the medical corps officers working at the hospital is Cmdr. Gordon Green, a urologist from U.S. Naval Station Rota, Spain. When he arrived at the hospital to treat a number of urology cases, he was surprised to find antiquated medical equipment.

"Normally, I use endoscopes to treat urology cases as it is more evasive than actually performing exploratory surgery,' Green explained.

Putting his cases on hold, he sent for his equipment, which was flown from Rota Sept. 11. While waiting for his shipment of state-of-the-art equipment to arrive, Green kept busy around the operating room by performing jobs such as surgical and scrub technician — duties usually performed by an enlisted corpsman.

The following activities have been scheduled by the Great Lakes USO in Bldg. 27, and are open to active duty military, their family members, and reservists, Registration must be made in person, and all fees paid for the event at that time. There are no refunds. For more information about any of these events, or to register, call center director Rod Stiles at 688-5591.



The following events have been scheduled by the USO of Illinois, and are available to all active duty military personnel, reservists, retirees, and their families. Those interested in getting tickets to scheduled events must sign up in person and pay for tickets at time of registration.

The USO (United Service Organizations) of Illinois has opened their newest facility, their "Home Away From Home" for military personnel and their families at Chicago's Midway Airport. Thanks to the generosity of the CNA Foundation, the Armed Forces visiting Chicago will have a new USO Center in which to relax, have a snack, check e-mail, phone home and generally get oriented.

In March, mere hours into the start of the war in Iraq, the CNA Foundation pledged its support to this new cen-"The CNA Foundation is proud to offer our help to America's military community," shared Steve Lilienthal, chairman of the board of the CNA Foundation. "The contribution from the Foundation coupled with CNA employees' voluntary contributions of time and money demonstrate our heartfelt commitment to supporting U.S. troops and their families."

The dedication and ribbon-cutting ceremony took place on Aug. 26, at the new site - located in Midway Airport's new Concourse C. The USO will be joined for the recognition by honored supporters, military guests and government officials, in a celebration of honor and patriotism.

USO HOURS - Currently hours are varied due to the need for volunteers. If you or anyone you know are interested in volunteer opportunities, especially from noon-6 p.m. Monday through Friday, call the Volunteer Coordinator between 1:30-6:30 p.m. at 847-688-5591/5593. The USO Center opportunities include event projects, computer work and hospitality counter. Some "in-rate" help is also needed, including electrical work, boatswain's mate knot work, and Seabee ratings are needed to help with light building assistance.

The USO furniture closet for E1-E4 who needs assistance furnishing their homes is currently fully stocked. If you or someone you know is in need, have them visit the USO and complete a short form. If they have any questions they may call Mark at (847) 688-5591/5593 between 1:30-6:30 p.m. Arrangements must be made by the recipient to transport the items to their home.

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DANIELS

(Continued from page 20)

the Persian Gulf War, said playing for the Navy was extra special for him.

"We enjoy playing for the military every chance we get," Whitehead said. "But to be able to play for this audience at boot camp is very special to me because of my naval service."

Daniels, who makes no secret of his support for the military said he enjoys playing for the troops whenever he can.

"I was too young for the first couple of wars in my life, I was too old for the next couple, this is my way of serving. It's the only way I can. I just like to come out and say this is what we do and we're doing it for you," Daniels said. "They are the cream of American youth-everywhere I go, every branch of service I'm around, they've all been bright-eyed, they have a sense of mission, they know what they're there for, what they're doing and it makes me feel good that we have young people of this caliber serving in our military.

Daniels has donated his time for the performance, which is presented by the "Spirit of America Tour," a production of the Robert and Nina Rosenthal Foundation, Inc. in coordination with the Naval Station's Morale, Welfare and Recreation (MWR) Department.

The "Spirit of America Tour" has brought a number of professional entertainers to U.S. military bases, over the past year. Artists such as Jo Dee Messina, Travis Tritt, Riders in the Sky and Lee Greenwood have performed on the tour. Rosenthal, a retired Hollywood entertainment lawyer, and his wife, Nina, conceived the idea of the "Spirit of America," tour following the events of Sept. 11, 2001.

"We have such great response to our artists from the troops and the artists love performing for them," Rosenthal said. "We are so grateful to the men and women in the military and what they do for our country."

Capt. Kathryn Hobbs, commanding officer of Naval Station, Great Lakes and Capt. O.W. Wright, commanding officer of Recruit Training Command, Great Lakes, thanked the performers and presented mementos to the members of the Charlie Daniels Band and Hometown News.

Daniels donned the Navy ballcap presented to him by RTC for his finale, "The Devil went down to Georgia."

The tour specifically plays free shows for members of the military as a way of thanking them for their service to the country. The foundation underwrites the costs of the show and all the headliners have agreed to play for no charge. To date, 15 shows have been booked in 2003 and response to the tour has been overwhelming positive for both the military members and the performers

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Tough Interview Questions Require Truth and Grace

By Scott T. Fleischmann, provided by Integrity Business Solutions

"About thirty minutes into the interview he asked me, 'I see that you worked for XYZ corp. Did you know Jerry Schmidt while you were there? I told him 'Sure I know him, he's the idiot that fired me." A long time friend said, relating a recent interview experience over the telephone.

As fate would have it the interviewer knew Jerry Schmidt (not his real name) well. They had worked together at XYZ corp. (not its real name) before he accepted this position. He was interviewing my friend for a senior management position. They also golfed in the same foursome every Saturday for the last six years.

My friend was calling to see how he could salvage the situation. I was not able to give him the response that he was seeking. Nothing, short of an act of God could have helped at that point. Choosing answers in an interview is a critical decision process. Unfortunately, a few ill chosen words have eliminated some of the most qualified candidates. Those who want to do well in interviews need to be able to think quickly. However, the good news is that there are several techniques that can be used to be gracious in interviews:

· Firstly, candidates need to prepare for the most difficult questions imaginable before starting the interview process. Identify the various forms and contexts that could be used to pose the question. Plan various answers for each question based on those variations. Going thorough this exercise will give confidence to those answers during interviews.

 Role-play interviews with friends playing the part of the interviewer. Have them ask difficult questions. Then give them the best reply possible. In my experience, these can become times of bonding as well as times of personal growth. Since the situation is not as threatening as a real interview, there is less pressure and the creative process that needs occur in an interview is rooted. Candidates learn to think quickly in these

• Be gracious in every situation. Companies are composed of people: managers, and employees. In every situation, people take what they believe to be the right action. We may disagree with a given decision (although I would not verbalize that disagreement in an interview.) However, we need to acknowledge that those involved made the best decisions possible at the time.

· Every candidate will address questions in a real interview for which he or she is not prepared. In those cases start by taking a deep breath to help with relaxation. Then think of similar questions that had been prepared or those used in the role-play situations. Then remember two simple rules: Never talk negatively about a former employer or a former manager. It is better to avoid the question than to give a bad answer (however, do not avoid more than one or two questions in any inter-

The preparation and the knowledge of how to handle those difficult questions could be important to getting a job offer. Prepare, practice and

Scott T. Fleischmann is the Managing Principal for Integrity Business Solutions Inc., a full service management consulting firm. He can be contacted through e-mail at ibs.scottf@juno.com or through the company web site at www.aboutintegrity.net.

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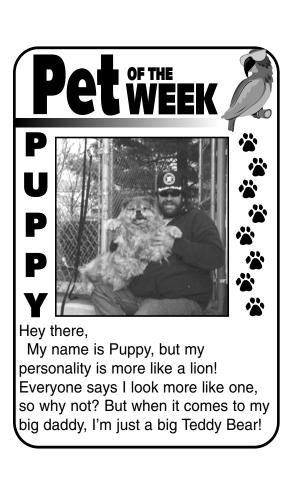
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WAUKEGAN HOME COZY 3-BD., 1-ba., frpl., eat-in kit., det. gar, fenced-in yd., appls. negotiable. Quiet neighborhood, mature trees, walk to shopping. Move on in. Little TLC needed. Appraised @ \$125,000, asking \$113,000. (847)548-4453.

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504

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BEACH PARK/WADS-WORTH 4-BD., 2-ba., 2-car att. gar., fin. bsmt., 2 frpls., huge yd & deck. Very pvt., dead-end. No Section 8/Pets. \$1,600/mo. + sec/utilities. (847)791-4451.

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504 Homes For Rent

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GRAYSLAKE DOWNTOWN 1 HARVEY, 1/2 duplex. 1st. flr: LV., DR., new kit. 2nd flr: 2bd., den, 1-ba., new carpet. Avail. now. Also Avail. Oct. 1st., 1-bd., gar., washer/dryer. (847)373-4282.

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fenced yard, pets okay, \$1,950 per month

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MUNDELEIN 3-BEDROOM **HOUSE**, 2-car garage, \$1,150/mo. (847)360-8399.

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ROUND LAKE BEACH LAKEFRONT 3-4 bd., 2-ba., bsmt., familyroom, frpl., A/C fenced yd., gar. **NO PETS!** \$1,200/mo. Avail. 9/1. (847)265-1103.

504 Homes For Rent

ROUND LAKE BEACH-3BD HOME . NO PETS. \$900/MO + SEC. (847)395-1867.

ROUND LAKE BEACH-3BD HOME NO PETS \$900/MO + SEC. (847)395-1867.

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THIRD LAKE VILLAGE Lakefront home, 5-bd., 2-ba., stone frpl., lakeside deck, new kit., all appls., 2-1/2 car att. gar., Grayslake schools, \$1850/mo. (847)342-3619.

THIRD LAKE VILLAGE Lakefront home, 5-bd., 2-ba., stone frpl., lakeside deck, new kit., all appls., 2-1/2 car att. gar., Grayslake schools, \$1850/mo. (847)342-3619.

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WADSWORTH LOVELY OLDER HOME 3-bd., 2.5 ba., diningroom, familyroom, den, 2-frpls., bsmt., gar., credcheck & ref. required. \$1,600/mo. Cathy, 8am-5pm, Mon-Fri. (847)244-5330.

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FOX LAKE Desirable Reva Bay coach home on Cinnamon Lane. Located on Grass Lake w/water rights. 2-bd., 2ba., 2-car gar, Great wateryacht club. \$179,900. Ask for Madelyn Anderson, Capital Associates. (847) 651-8349.

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GURNEE SPACIOUS TOWNHOME Bridlewood **Sub**. 2-bd., 2-1/2 ba., frpl., 1.5 car gar. F.S.B.O. \$164,900. (847)855-8737.

ISLAND LAKE TOWN-HOME Backs to pond and views of wooded area. 3all appls., freshly painted, C/A, att. gar., deck & more! \$156,900. Century 21 Care, call Carol (815) 344-4240.

LAKE VILLA TOWNHOME-2BD + lg Loft, 2.5ba, 2 car gar., all appli's stay. \$169,900. Call for appt. (847)736-9547. For more info: gonehome.com/048702.

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RIVA RIDGE SUB DIV 3bd in Unit TownHouse w/att 2.5 car gar. Euro style kit., all appli's stay. IMMACULATE! Come see: don't miss! \$275,000. **Darlene Davis-**Koenia & Strev (847)557-1680.

LIBERTYVILLE TOWN-HOUSE. OVERLOOKING Riverside Park. 2bd/1 Full & 2 half baths. Garage, No Pets. \$1500/mo. Avail. 10/1/2003 (847)362-3368.

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Condos 514 Townhomes

MCHENRY CONDO 1-BD. large livingroom w/vaulted ceiling, gally kit w/bk bar, all appls., extra storage, sliding door to balcony Will go FHA! \$79.500. Centu rv 21 Care call Carol (815) 344-4240.

ROUND LAKE BEACH F.S.B.O. TOWNHOUSE Fairfield Villages Sub. 2-bd., 2-1/2 ba., den, 1-car gar., A/C, all appls stay, exc. location. \$134,900. (847)740-2027.

ROUND LAKE BRAND NEW 2 & 3 bd. Townhomes For Rent. 2-car att. gar., fin. bsmt. (847)208-4204, (847) 549-

ROUND LAKE-3 LEVEL TH w/2bd &loft/1.5ba., w/Berber Carpeting & att. 2 car gar. Built 2002. Must see! \$162,900. (847)691-3703.

SPACIOUS, BRIGHT, NEW Grayslake 2bd/2ba raised ranch. Lg deck offers wooded view, upgrades throughout kitchen, living rm & dining rm, 2 stall garage. \$184,900. (847)362-0640.

STEVENS POINT, WI

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VERNON HILLS-2BD/1.5BA, OVERLOOKS Park & Lake. Heating, W/D, appli's incld'd. Pool avail. \$950/mo. (224)805-2275 Cell.

WAUKEGAN F.S.B.O. END UNIT TOWNHOUSE, Gurnee Schools, 3-bd., 1.5 ba., full bsmt., partially fin., all appls. stay. Move right in. \$127,000 (847) 782-8629.

518

Mobile Homes

104TH ST., 1817 LOT 113 3BD/2Ba, Double wide, shed & driveway. \$43,000. (262)697-1696.

PARK CITY MOBILE HOME By original owner. 1999 Skyline Built Royal Manor triple wide home. 3-bd., 2-full baths, lg. familyroom, diningroom, livingroom, cathedral ceiling thru-out, skylights, fully carpeted, all appls. (lg. oven, microwave, side-by-side refrigerator, heavy dty. GE washer/dryer)., Many extras. Exc. cond. Must see to appre-\$79,000. Financing available. (847)336-7005.

GRAYSLAKE 14X70 MO-BILE HOME 2-bd., 1-ba., new carpeting, new appls., remodeled bath. Trailer has new heat tape, lighted shed. Located on concrete slab. Home is 2 trailers from office on third & last street in park, w/lg. backyard leading into an open field. \$26,000. (847)201-1468.

MOBILE HOME-BEACH PARK IL-Kingsway Estate, 38455 Sheridan Rd, Beach Park, Lot 712. 1987, 2.5 BR, 1.5 BA, cent. air, appliances. \$10,500 (What a Deal!) *** **847-883-4214****

Mobile Homes

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Kitchen beautiful Oak cabnts(lots of upgrades), wood laminate Fl. Dishwasher, range w/built-in microwave, refrigerator(dble

disposal, water softener, C/A, all thermal windows. W/D in utility area w/dble drs. Yr round sunrm 12x20 w/celing fan. Skylights in Mstr bd & Kitchen. Ceiling fans in bdrms & LR. All beautifully landscaped. On a corner lot 75x120. 10x12 deck on back w/40' carport, 10x12 shed. Very well-kept home, need to see

dr w/water & ice dispenser),

garbage

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REDMAN 1994 MOBILE HOME, 28x60, 3-bd., 2-full ba., 2-1/2 car gar., quiet, private w/lakerights. In Kenosha, Pleasant Prairie Estates, near all your shopping needs. \$62,000. (262) 942-0192, noon-4:30pm Mon-Fri, weekends anytime

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520

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CHARMING APT OVER-LOOKS Lake Michigan in Clean/Secure, Waukegan. tenant pays util's. \$565/mo. Also have small efficiency \$450/mo. Close to Base. (847)623-5724.

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furnished, carpeted, drapes, blinds, heat included, also includes 1 stall insulated gar. complete, \$725/mo. + sec. dep., 1yr. lease. (847)244-

> NORTH CHICAGO *2-br., remodeled, \$675/mo. + util. NO SECTION 8. (847) 336-6682.

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Apt./Homes To Share

smoking. \$80 per week. Sorry, cannot accept new pets to

Denys50@Hotmail.com. Non-English speakers okay. (847) 623-9064; or work, on weekdays from late morning to mid evening, at (847)223-8161 xt.130. Cell (847) 207-8337.

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Buy & build while interest rates are still low. (262)763-2882.

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28FT. OWENS CABIN CRUISER, 1967 Classic Woodie, 7 trophys, 100hrs., rebuilt engine. Same owner 13yrs. \$6,500. Owner retiring. (630)860-1881

BAKER CUSTOM TUNNEL Boat-1982. 21', evinrude EF 200, V6, new lower unit, steering cables & gas lines

\$9500/best. (262)843-1595. CABIN CRUISER 23'. Fly bridge, perfect chain boat.

\$6,000. (773)617-9625. GODFREY SWEETWATER-1999 24' Pontoon, bimini top.

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804 Cars for Sale

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570 Cemetery Lots

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WANTED TO BUY... use. Need not be pretty or prime location. No water

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70hp Johnson, exc cond., original owner, \$10,750/best. (847)838-4468.

HOUSEBOAT-1969 34' RUNS good, solid boat. Must see! \$8900. (847)587-2569.

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JET SKI-1994 SEA-DOO SP, Green/Whte, w/trailer, always garage kept, very good cond., \$3000/best. (847)546-1748.

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